



Universität Bremen

**Safety instructions**  
according to § 9 BetrSichV

**Responsible person:** K. Sebald

**Working area:**  
Physikalische Praktika

Applicable to employees, tutors  
and students

**Workplace:**  
S3180, S3040, S3100, ...

#### Field of application

**Computers, monitors, EDP devices**  
(except laser printers)

#### Hazards for humans and the environment



Life-threatening body currents possible with

- improper use
- defective devices and/or connecting cables

Eye strain due to

- incorrect lighting
- flickering screens
- incorrect viewing distance to the monitor

Muscle tension due to

- poorly positioned devices (monitor, keyboard and/or mouse)
- Incorrect sitting height

#### Protective measures and rules of conduct

- Only use devices with a valid inspection sticker (DGUV V3); only applies to devices that are operated with mains voltage
- Carry out a visual inspection before using the device, report any damage or unusual conditions (heat, odour) immediately to the technical staff and switch off the device immediately
- Only use devices as specified
- Do not open devices; only applies to devices that are operated with mains voltage
- Protect from splashing water, do not switch on wet devices
- Do not pull the plug out of the socket by the connecting cable
- Ensure ergonomically correct positioning during long periods of use
- Set up monitors without glare
- Lay connecting cables so that there are no tripping hazards

#### Behaviour in the event of a malfunction

- Switch off the device immediately
- pull out the mains plug
- Inform technical staff

#### First Aid – Emergency call (0)112



- Depress emergency stop!!!
- Pay attention to self-protection!!!
- Provide first aid, inform first aiders, consult a doctor in the event of medical problems

#### Maintenance / Appropriate disposal

- Inspection in accordance with DGUV regulation 3 every 18 months
- Repairs may only be carried out by qualified electricians
- Replacement of individual components on computers with encapsulated power supply units by technical staff is permitted

Disposal in electronic waste, contact: Hotline 60088

Date: \_\_\_\_\_ Signature: \_\_\_\_\_