

Searching for Internships and Jobs Abroad

for students, graduates and academic staff

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What do we offer?

Support in three formats

Individual Counselling

- Personalized for your concerns
- Ressource-oriented and unbiased

Events

- Group counselling with general information about internships abroad

Written Information

- Guidebook for Internships Abroad
- Link-lists for country-specific resources

International work placements:

Planning phases and preparation steps at a glance

Step-by-step: Goals, topics, tasks



The big picture, short and sweet

Event: Your Way to an Internship Abroad

- 1,5 hours
- 3x per semester (1x in English)
- Online

Most important goals, topics, tasks

- Dream country and reality check
- Financial support programs – broad overview
- Time tables
- Legal regulations
- Relevance/Recognition for degree program
- Language training

- Application trainings
- Write and get feedback on applications
- Research employers
- Concrete search
- Interview training
- Interview preparation with mock interview

- **Confirmation** of the offer
- Possible negotiations
- Binding commitments
- Visa application
- Formalities at the university
- Flight reservation

- Arrange for transportation, phone, apartment, etc.
- After getting a visa: **Book** a flight
- Health insurance
- Details of arrival (first few nights)
- Travel plans and suitcase regulations
- Work through to-do list
- Packing list and packing

Individual Counselling:

„Mix & Match“ what you need

Clarifying goals / General Information

Application documents

Identifying strengths as an applicant

Mock job interview

Reflecting on the time abroad / What's next?

Common Questions from Advice-Seekers



- How can an internship abroad help me? **Is it worth the effort?**
- I want to go abroad? **What's possible?** What all do I need to keep in mind?
- How can I **finance** my internship abroad?
- **How soon** to I have to apply?
- What does a **CV** look like in my goal country?
- How do I prepare for the **job interview**?
- I'm **overwhelmed** by all the details. Help!

What do we not give advice about?

... and where can advice-seekers still find answers?

- When does an internship abroad fit best with my **course plan**?
→ [Faculty*](#)
- What are the requirements for a **mandatory internship**?
→ [Faculty*](#)
- How exactly do I apply for funding through Erasmus or PROMOS? → [IO](#)
- What do I need to get a **visa**?
→ [Guidebook for Internships Abroad and goal country consulate](#)
- What **(health) insurance** makes sense for my time abroad
→ [Guidebook for Internships Abroad and goal country consulate & DAAD](#)

*Academic advisory office, representative for internships, career orientation office, representative for international concerns...

Guidebooks

The most important information, all in one place



[Guidebook for Internships Abroad](#)
(in German only)



[Guidebook for International Employers](#)

Testimonials

First-hand tips and tricks

**Praktikum -
Warschau, Polen**



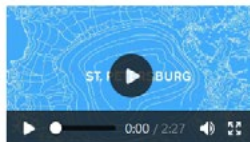
18 MB
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Auslandspraktikum - Joanna in
Warschau, Polen

**Praktikum - Sydney,
Australien**



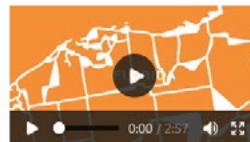
20 MB
Praktikum in Sydney: Melanie zum
Praktikum Down Under

**Praktikum - St.
Petersburg**



15 MB
Einmal St Petersburg und zurück -
Julia erzählt von ihrem Praktikum dort.

**Praktikum - Florida,
USA**



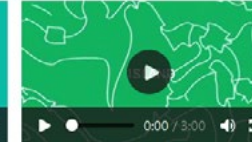
18 MB
© Career Center Universität Bremen
Hier berichtet Marius von seinen
Erfahrungen in und rund um Florida.
Informationen sind oftmals (fast)
alles! Die Erfahrungen ehemaliger
PraktikantInnen sind hierfür eine der
wertvollsten Quellen.

**Praktikum -
Spitzbergen**



19 MB
Nördlicher geht kaum - Niklas und
Stefan erzählen von ihren Praktika in
Spitzbergen bzw. Island.

**Praktikum - Island,
Stefan**



14 MB
Nördlicher geht kaum - Niklas und
Stefan erzählen von ihren Praktika in
Spitzbergen bzw. Island.

**Vortrag zum
Praktikum in Florida**



16 MB
Hier berichtet Marius von seinen
Erfahrungen in und rund um Florida.
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<https://www.uni-bremen.de/career-center/beratung/auslandspraktika-erfahrungsberichte> (in German only)

Link-lists for Any Situation

Helping you help yourself



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International Work Experience

In this section, "International Work Experience", we have listed links related to internships to internships and jobs for graduates within Europe and abroad. Just click on the subject below to view the links! Documents pertaining to Praxis International can be found in the download section.

[more >](#)

<https://www.uni-bremen.de/en/career-center/services/top-links/international-work-experience>



© hope

Country Informations

In this section we offer some exemplary information about Living & Working, Jobs & Internships in Europe, Africa, America, Asia and Australia/Oceania.

[more >](#)

<https://www.uni-bremen.de/en/career-center/services/top-links/country-information>

Connect with us!

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<https://www.uni-bremen.de/en/career-center/teams>

Counselling by appointment only:

- In-person
- Online
- Via phone
- E-Mail

