



Universität
Bremen

Design your Doctorate: Tackle Challenges Together

Peer Mentoring for Female* International
Doctoral Researchers

April 4, 2023 / 10 am – 2 pm
Introductory Workshop on-site

April 11 until May 2, 2023 / 2 pm – 4 pm
Online Sessions (Tuesdays weekly)

May 9, 2023 / 10 am – 2 pm
Closing Event on-site

Participation on all days mandatory

Coach: Dr Lima Sayed,
Diversity Expert, Trainer
and Systematic Coach

Language: English

12 participants maximum
Registration required

Managing doctoral projects is oftentimes multifaceted and highly demanding – whether it is managing your research, publications or presentations, coping with one's own and other's expectations, communicating with your supervisors or planning your career.

In this peer mentoring you will explore your status quo, find solutions and support each other. Employing a collaborative working approach inspired by the »Working Out Loud« method, you will make scientific networking a habit. You will create a space to develop strategies and give each other constructive input. The purpose is for you to achieve your personal goals and meet your challenges – with special regard to your professional, intercultural, as well as family- and gender-related parameters.

In the first on-site session you will make a deep dive into evaluating your needs and expectations, get to know role models and learn helpful methods. In the four following online sessions you will iteratively assess your own progress, give and find support for the advance of your plans and actively practice networking skills. In the final session you will evaluate the learnings, establish structures and receive hands-on tools for further collaboration.

We offer a refund of expenses for childcare. Attention: The babysitter cannot be a member of the family!

Information and registration

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