

FAMILY-FRIENDLY UNIVERSITY

Offers & information



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The compatibility of studies, career, and family is a daily challenge for many university members. I am therefore particularly pleased to be able to provide you with a guide in the form of the "Children on Campus" brochure, which



contains many practical aids for everyday life. This guide will inform you about our family-friendly places and advising centers on the university campus and how you can easily reach these places. It provides you with information about where people with children or relatives to be cared for can meet for an exchange of experiences or a conversation.

For many years, I have personally been very concerned that studies, research, and career be successfully compatible with family life. Since 2007, the University of Bremen has had its measures and strategies for more family friendliness evaluated within the framework of the audit family-friendly university. Since then, the University of Bremen has carried the quality seal of a family-friendly university. With the audit, we continuously and permanently commit ourselves to support childcare facilities for students and employees. We offer advice and provide professionally sound information on all aspects of care as well as on family-friendly study and working conditions. In this context, we also specifically promote gender equality in studies and work with our measures for greater family friendliness.

Come to our university and contribute to making the university campus a lively place for meeting and exchange of ideas! Children and families are always welcome on the campus of the University of Bremen!

I hope that this guide will be of use to you and that it will illuminate the measures we at the university are taking for more family friendliness. I hope you enjoy reading it.

Dr. Martin Mehrtens

Director of Finance and Administration





1. CHILDCARE

1.1. Childcare in the State of Bremen

Registration for a childcare space is possible year-round in Bremen. If you are interested in a municipal facility, please use the official registration period in the previous January of each year in order to obtain a childcare space at the beginning of the respective kindergarten year. You can contact your preferred municipal or independent childcare facility directly. More flexible registration periods are offered in some cases for privately run daycare facilities and on-campus childcare facilities.

As childcare in Bremen and Bremerhaven begins in August of each year in all facilities, it may be that no childcare space is available during the year. In these cases, you can contact the placement service of KiTa Bremen. As the demand for childcare spaces in Bremen is very high, we recommend that you look for a childcare solution as early as possible.



On the University of Bremen's Family Portal and the following websites, you will find further information on childcare options on campus or in the state of Bremen.

Bremer Kinderbetreuungskompass:

www.kinderbetreuungskompass.de

General information: www.kita.bremen.de



1.2. Contribution Exemption for Children over Three Years of Age

Since 2019, parents in Bremen have not been paying day-care fees for the care of children aged three to six. Excluded from this exemption from contributions are lunchtime meals, after-school care, and day care for children under three. The exemption from contributions applies only to children with a permanent residence in Bremen.



Further information: www.kita.bremen.de



1.3. Childcare on the University Campus

You will find numerous childcare facilities on the campus of the University of Bremen. They provide a wide range of offers tailored to the different needs of employees and students. The initiators of the facilities are private and municipal institutions, parents' associations, and the University of Bremen, as well as Studierendenwerk Bremen and the Allgemeiner Studierendenausschuss of the University of Bremen (AStA – students' union).





1.3.1. Uni Kita e.V.

Uni-Kindertagesstätte e.V. is a parents' association that offers an attractive all-day care program to help children feel at home, let off steam, experience, and discover.

- >>> Target Group: Children of students and employees
- » Age of the children: : One to three years (expansion is planned with a group for children over three)
- >>> Facility Size: 48 children in six groups
- Care Staff: Each group has two pedagogical staff members and usually a third person (approved spe-cialists or students or interns during their voluntary year of social work)
- Educational Program: Excursions in the nearer surroundings; music education, exercise programs, seasonal parties, educational partnership between parents and care staff



Contact

Tel. +49 421 218 69661 | info@unikita-bremen.de www.unikita-bremen.de



1.3.2. EntdeckerKids and Entdeckerhaus

The EntdeckerKids and Entdeckerhaus childcare facilities offer year-round childcare conveniently close to businesses for children of university employees who live in the state of Bremen and of various companies in the Technologiepark district.

- >>> Target Group: Children of employees
- » Age of the children: One to six years
- » Facility Size: 80 children under three years (eight groups), 80 children over three years (four groups)
- >>> Care Staff: Each group has three staff members



Contact

Tel. +49 421 9899 1212 | verwaltung@kita-tp.de www.die-entdeckerkids.de | www.das-entdeckerhaus.de



1.3.3. Wuselhöhle - Day-Care Facility for Children of Students

- >-> Target Group: Children of students
- » Age of the children: Ten months to three years
- » Facility Size: Ten children
- >-> Care Staff: The group has two educators and one permanent employee.
- » Educational Program: Satisfying elementary needs through safety, attention, movement, appreciation, peace, self-determination, learning, and discovery with all senses



Contact

Tel. +49 421 218 60247 | wusel.hoehle@gmail.com www.uni-bremen.de/studkibe



1.3.4. Unikrümel – Childcare by and for Students with Children

- » Age of the children: One to four years
- » Facility Size: About ten children per semester
- » Scope of Care: Up to nine hours per week



Contact unikruemel@uni-bremen.de www.uni-bremen.de/studkibe



1.3.5. Kinderland – Childcare by and for Students with Children

- » Age of the children: Six months to four years
- » Facility Size: Ten children
- » Scope of Care: About ten children per semester
- » Special Feature: Kinderland also offers childcare during semester breaks by arrangement.



Contact

kinderland-campus@gmx.de www.uni-bremen.de/studkibe



1.4. Emergency Care for All University Employees



If regular childcare is not available, the child is ill, and you still want to fulfill an important professional obligation, you – as a university employee – can take advantage of the emergency care provided by the company Die Notfallmamas. Qualified childcare staff members look after children aged 0 to 12 in their home environment.

The "emergency mamas" can be booked until 3 p.m. for the following day by e-mail:

notfallmamas@uni-bremen.de

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Contact

Tel. +49 421 218 60857 | notfallmamas@uni-bremen.de www.uni-bremen.de/notfallmamas



1.5. UniKLEX – Flexible Childcare for Researchers in the Qualification Phase

Working in science often means working at times when regular care is not available. Due to the lofty requirements with regard to mobility, there is often no family network that could fill in, especially during the academic qualification phase. In particular, the all-day events, interdisciplinary continuing education courses, and conferences are essential building blocks for establishing a network in the scientific and academic communities. With the UniKLEX (Flexible Childcare) project, the University of Bremen wants to close this gap in childcare and support you in reconciling family responsibilities with your academic qualification goals. You can find detailed information about the UniKLEX services on the Family Portal.





1.6. Vacation Camps for Children of Employees

Particularly during the school breaks, it is not always easy for parents to ensure that child-care is available for the entire period. For this reason, the university — in cooperation with Verein für Hochschulsport e.V. — offers one week of campus recreation for children aged six to twelve during the Easter and fall breaks as well as two weeks during summer break.

Verein für Hochschulsport accepts registrations directly. All important information on registration times, dates, and fees can be found on the University of Bremen's Family Portal.



Contact

Tel. +49 421 218 61651 | hospo@uni-bremen.de www.uni-bremen.de/familie/beschaeftigte/kinderbetreuungen



2.1. Family Service Office for Students and Employees

The Family Service Office (FSO) is the centralized first point of contact for students and employees and provides information and advice on almost all matters relating to family. In addition, the Family Service Office is a place for discussion and networking. During the semester, for example, parent cafes and clothes-swapping parties are held in the Family Service Office.

Contact

University of Bremen | Staff Unit 08 – Central Administrative Affairs/ Organizational Development Ines Gürlevik | Family Service Office on University Boulevard Tel. +49 421 218 60850 | familien@uni-bremen.de

www.uni-bremen.de/familienservicebüro



2.2. Points of Contact for Students and Employees

Equal Opportunities Office (Unit 04)

The Equal Opportunities Office in Staff Unit 04 — Equal Opportunity/Anti-Discrimination Office is responsible for the process of the audit family-friendly university on behalf of the Director of Finance and Administration. This also includes managing the Student Working Group Family-Friendly University. The head of the audit will be happy to answer any questions you may have on the subject of family-friendly universities.

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Contact

University of Bremen | Staff Unit 04 – Equal Opportunity/Anti-Discrimination Office Bettina Schweizer | GW2 Building, Room A 4269 Tel. +49 421 218 60182 | chancen3@uni-bremen.de www.uni-bremen.de/chancengleichheit

Advisory and Information Centre against Discrimination & Violence – Expertise and Conflict Counseling (ADE)

The ADE advises you on how to deal with conflicts, discrimination, and experiences of violence. The advice is based on the interests of the persons concerned and are confidential.

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Contact

University of Bremen | Unit 04 ADE | GW2 Building, Room A 4162 and others Tel. +49 421 218 60170 | ade@uni-bremen.de www.antidiskriminierung-konflikt.uni-bremen.de

Staff Unit 08 – Central Administration Affairs/Organizational Development ("Director of Finance and Administration Department")

Staff Unit 08 supports the Director of Finance and Administration in creating and ensuring good and suitable conditions for successfully studying and working with family responsibilities. The staff on-site will be happy to answer any questions you may have on these topics:

- Dual Career Service
- Family Service Office
- Steering Group Gender Mainstreaming
- AG Familienfreundliches Studium

Contact

University of Bremen | Staff Unit 08 – Central Administrative Affairs Samira Abdel Wahed | Administration Building, Room 2360 Tel. +49 421 218 60857 | abdelwahed@uni-bremen.de www.uni-bremen.de/kanzlerreferat

Central Equal Opportunity Officer (for Female Students and Scientists)

The Central Equal Opportunity Officer and her deputies represent the concerns and interests of women scientists in research and teaching as well as students at the University of Bremen. They advise and support the management and central committees of the University of Bremen in im-plementing the gender equality mandate anchored in the Bremen Higher Education Act (BremHG).

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Contact

Central Equal Opportunity Officer | Building GW2, Room A 4310 Tel. +49 421 218 60075 | zfrauen@uni-bremen.de www.uni-bremen.de/zfrauenbeauftragte

2.3. Advice Centers for Students

Student Working Group Family-Friendly University (in the Family Service Office and Family Room)

The Student Working Group Family-Friendly University (AG FFS) is a group of committed students with and without children who are committed to the interests of students with family responsibilities. AG FFS offers advice, information, parents' cafes, and a space for exchange.

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Contact

University of Bremen | Family Service Office on University Boulevard University of Bremen | Family Room (in the building diagonally opposite the cafeteria) Tel. +49 421 218 60182 | agffs@uni-bremen.de www.uni-bremen.de/agffs

Allgemeiner Studierenden Ausschuss (AStA) – Student Grants and Social Counseling

The Allgemeiner Studierenden Ausschuss (AstA – students' union) of the University of Bremen is the managing body of the student body. The AStA also organizes many cultural events and will be happy to advise you on questions concerning student grants, tenancy law, and examination matters.

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Contact

University of Bremen | AStA Glass Hall (Central Campus Building A), Study House (StH), Room A 2030 Tel. +49 421 218 69733 | asta@uni-bremen.de www.asta.uni-bremen.de

Social Counseling of Studierendenwerk

The Social Counseling Office supports all students, prospective students, and graduates who are seeking advice and who need support and information with regard to personal, social, and financial matters closely related to student status and student life.

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Contact

Social Counseling at the University (am Mensasee) | Sonja Vieten Tel. +49 421 2201 11310 (Registration) | sozialberatung@stw-bremen.de www.stw-bremen.de/de/beratung-soziales/sozialberatung

Study Centers and Internship Offices in the Faculties

Study centers and practice offices are the central contact point for students with questions regarding study planning and examination regulations. There, you will receive information on internships, stays abroad, and general questions about studying, and you will be advised on the topics of maternity and parental leave, if these concern your studies.

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Contact

www.uni-bremen.de/studium/starten-studieren/studienzentren



Central Student Advisory Service (ZSB)

The Central Student Advisory Service provides information and advice on all studyrelated questions; study opportunities at the University of Bremen; application and admission; structure, contents, and requirements of the courses; and changes of subject and location.

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Contact

Central Student Advisory Service | Administration Building, Ground Floor Tel. +49 421 218 61160 | zsb@uni-bremen.de www.uni-bremen.de/zsb

Advisory hours without appointment:

Monday, Tuesday and Thursday: 9 am. − 12 p.m.

Wednesday: 2 - 4 p.m

Additional times for professionals and nonlocal students by appointment.

2.4. Counseling Centers for Employees

In-House Social Counseling Service

The In-House Social Counseling Service offers psychosocial counseling and coaching for all university employees. The In-House Social Counseling Service can deal with all questions or problems from the professional field and concerns from private life, factual questions, or health problems.

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Contact

University of Bremen | In-House Social Counseling Service Kassandra Ruhm | Building GW2, B 1.060 Tel. +49 421 218 60106 | sozialberatung@uni-bremen.de www.uni-bremen.de/sozialberatung

Administrative Department 2 – Human Resources

In Administrative Department 2 – Human Resources, you will receive information from your assigned contact on employment law issues relating to work and family.

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Contact

University of Bremen | Administrative Department 2 - Human Resources



Equal Opportunity Officer for the Service Sector (State Equal Opportunity Act – LGG)

The areas of work of the Equal Opportunity Officer also include issues relating to the compatibility of work and family. The Equal Opportunity Officer will be happy to support and advise you on questions or problems related to this topic.

Contact

University of Bremen | Equal Opportunity Officer Building GW2, Room A 4711, Forth Floor Tel. +49 421 218 60070 | frauenbeauftragte@uni-bremen.de www.uni-bremen.de/frauenbeauftragte

Personnel Council (PC)

The Personnel Council is happy to advise you on your individual concerns and represents the interests of employees at a collective level vis-à-vis the University Executive Board.

Contact

University of Bremen | Personnel Council | Administration Building, Room 1560 Tel. +49 421 218 60060 | personalrat@uni-bremen.de www.uni-bremen.de/personalrat



3.1. Nursing and Baby-Changing Stations on the University Campus

So that parents who spend time on campus with their children can retreat or provide adequate care for their children, there are various places on campus that make this possible. Currently there are more than 20 diaper-changing stations and three nursing rooms (MZH, GW1, and GW2).

The exact locations of the diaper-changing and nursing stations are shown on the map in this brochure or on the Family Portal



Family Portal: www.uni-bremen.de/familie/kinder-auf-dem-campus

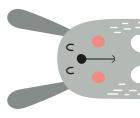
3.2. Family Room

The Family Room is located directly opposite the cafeteria, next to the Unikrümel and Wuselhöhle childcare facilities. Equipped with a sofa, table, and toys, it offers parents and children space for a break, for studying and schoolwork, or even a place to meet other parents.



3.3. Play Corners

In the cafeteria in GW2, you will find a play corner and have the opportunity to heat up baby food in a microwave. The main university cafeteria also has a large play tower on the lower level, which can be used by younger and older children alike.





3.4. Mobile Toy Offers

There are toy boxes for children at various locations on the university campus. In addition, "toy bags" with various toys can be put together in the Family Service Office. You can find the locations and lending options for the toy boxes or toy bags in the Family Portal .

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www.uni-bremen.de/familie

3.5. Parent-Child Workstations

The parent-child workstations offer a quiet and pleasant atmosphere for playing and working at the university. On the university campus, there are currently two parent-child workstations in the buildings GEO and GW1. The rooms are equipped with a desk and chair as well as various toys and games.

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Further information:

www.uni-bremen.de/familie/kinder-auf-dem-campus



We wish all families a pleasant time on the university campus!

Wishes and Suggestions

Please feel free to direct your questions, suggestions, and ideas for improvement regarding family-friendliness on campus to:

Samira Abdel Wahed

Unit 08

samira.abdel.wahed@vw.uni-bremen.de

Bettina Schweizer

Unit 04

chancen3@uni-bremen.de





4. MAP OF THE ARFA



Parent-child working spaces

- (1a) GW 1 | Universitätsallee Room B 2090
- (1b) **GEO** I Klagenfurter Str. 2 + 4 Room 1530



Family room

Zentralbereich directly opposite the Mensa



Family Care Office

3 Uni-Boulevard opposite the SuUB and next to the bookstore



High chairs

- 4a GW 2 I Uni-Boulevard (in the Cafeteria)
- 4b Mensa I Uni-Boulevard



Kindergarten

- 69 Entdeckerkids | Universitätsallee 2A
- **Entdeckerhaus** | Robert-Hooke-Straße 21
- 5c Kinderland | Sportturm, Ebene 1
- 50 Uni-Kita e.V. | Barbara-McClintock-Str.
- Unikrümel/Wuselhöhle | Central area, opposite the Mensa



Microwave

6 GW 2 | Uni-Boulevard (in the Cafeteria)



Toy bags (age group 0 to 10 years)

(Please call before using)

7 Family Care Office | Uni-Boulevard Tel.: +49 421 -218 60850 E-Mail: familien@uni-bremen.de



Play areas

- 8a GW 2 | Uni-Boulevard (in the Cafeteria)
- 8b Mensa I Uni-Boulevard



Toy boxes

(Please call before using)

- 9a **Druckerei im BH |** Klagenfurter Str. Room 1110 | Tel.: +49 421 -218 60880
- 95 **GW 2** | Enrique-Schmidt-Straße Room B 2370 | Tel.: +49 421 -218 61152
- 9c MZH | Bibliothekstraße Room 2260 | Tel.: +49 421 -218 63810
- Sportturm | Badgasteiner Straße Room C 4010 | Tel.: +49 421 -218 61908
- 99 VWG | Bibliothekstr. Room 1410 | Tel.: +49 421 -218 60566



Nursing room

- GW 1 | Universitätsallee | Room B 2090
- (In the control of th
- MZH | Bibliiothekstr. | Room 1170



Changing tables

- A Achter | Achterstraße | Room 0700
- B CARTESIUM | Enrique-Schmidt-Str. 5 Room 0026
- **C FVG I** Wiener Str. / Corner Celsiusstr. Room 0010 und 0030
- D GEO 2 | Klagenfurter Str. 2 + 4 Room 1530
- **E GW 1** | Universitätsallee | Room B 2090
- **F GW 2** I Uni-Boulevard I Room 1065 and WCs of the Cafeteria
- G Haus am Fleet | Max-von-Laue-Str. 1
- H Haus an der Allee I Enrique Schmidt Str. 1
 Room 1160
- Hörsaal | Uni-Boulevard (Keksdose) | Room 1020
- **LION** I Klagenfurter Str. I in the first aid room
- Marum | Leobener Str. | Room 0400
- MZH | Bibliothekstr. 5 | Room 1170, 4030 and 3030
- M NW1 | Otto-Hahn-Allee 1 | Room M0160 and U0015
- NW2 | Leobener Str. | Room A1220
- SFG | Enrique Schmidt Str. 7 | Room 0190
- P Sporthallen | Room A1460 and A1420
- Sportturm | Room 1142
- R SuUB | Uni-Boulevard | Room 1410
- S Uni-Kita e.V. | Barbara-McClintock-Str. | Room 0160
- VWG | Bibliotheksstr. 1 | Room 0460
- **U** ZB Mensa | Uni-Boulevard | Room B0530
- **ZB KIGA, Telefon-Vermittlung, Meldestelle**Room C0360
- W ZB-Studierhaus | Uni-Boulevard | Room 1024



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