

Internships abroad

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May 2020

Do you want to gain practical experience in the working world, improve your language skills and build your personal and professional contacts?

Then an internship is just the thing for you!

Internships allow you to collect study-related on-the-job-experience, to „network“ and to establish contacts in companies for your future employment.

Participants who come back from a stay abroad, tell us again and again that it is a great personal enrichment to have spent some time in a different environment and a different culture. For many employers the experience abroad is an important prerequisite for the selection of candidates.

An internship represents an excellent alternative or supplement to a study period abroad, because you simultaneously gain practical work experience and learn about the working world of a foreign country. This might also help to develop new perspectives for the further course of your study.

Since an internship is often unpaid, we have compiled a number of scholarship programs in this brochure that will help you to cover the costs and bring you one step closer to the realization of your internship abroad.

If you have any questions or just want further information, we are happy to help.

go out!



Since our **advisory and counseling office** is closed temporarily due to the current situation, you can reach us during our office hours alternatively online. You can find the link here: www.uni-bremen.de/en/go-out

Monday, Tuesday and
Thursday: 09:00-12:00
Wednesday: 14:00-16:00
or by appointment

Contact person at the International Office

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www.uni-bremen.de/auslandspraktika



INTERNATIONAL OFFICE

Internships abroad

Grant programs for
international students



ERASMUS

Internship abroad in Europe

■ WHO CAN APPLY?

- All students of the University of Bremen. This also includes citizens of non-EU countries.
- Graduates of the University of Bremen, if their internship is completed within twelve months after graduation.

You can also apply if you have already completed a project funded by the ERASMUS-program (study period / internship) as long as the entire funding period does not exceed twelve months in the current study phase.

■ WHAT IS FUNDED?

Internships in companies, organizations or institutions of another Erasmus participating country. Also research internships at universities can be supported. Likewise internships in NGOs, associations, foundations, political parties and the EU country offices such as the representation of Bremen in Brussels.

Supported are voluntary and mandatory internships with a study subject-related content.

The duration of the internship needs to be at least 2 months (60 days) and a maximum of 12 months.

■ WHAT DOES THE FUNDING ENTAIL?

The financial support from the Erasmus program is based on the different costs of living in the countries of destination. The minimum amount for an internship in the three country groups is 435/495/555 € a month.

■ WHERE AND WHEN CAN I APPLY?

The application for the ERASMUS funding of an internship abroad should be submitted to the International Office before the start of the internship.

If you apply for an internship after graduation, you must submit the application before the end of your studies.

■ WHERE TO FIND MORE INFORMATION?

www.uni-bremen.de/auslandspraktika

PROMOS

■ WHO CAN APPLY?

All students of the University of Bremen can apply. This also includes citizens of non-EU countries.

■ WHAT IS FUNDED?

The mobility program PROMOS supports your stay outside of Europe from 6 weeks to 4 months. The maximum duration per study period (BA / MA) is 4 months. Additionally (again per study period) a language or professional course can be supported.

- Study period or thesis between 1 and 4 months.
For details please see the PROMOS-website
- Internships from 6 weeks to 4 months:
Supported are internships worldwide outside of Europe. Internships covered by other DAAD-programs will not be supported. Internships may exceptionally be supported by PROMOS also in the time between your bachelor's degree and beginning of your master's program. Provided however, that a preliminary approval for the master or a similar link with the University of Bremen exists.
- Language or professional course:
For details please see the PROMOS-website

■ WHAT DOES THE FUNDING ENTAIL ?

The stays are supported with a monthly grant of 300 Euro, exceptions are Angola, Kazakhstan, Congo, USA, and Venezuela (400 Euro) and Japan (500 Euro). The language or professional courses are supported with a one-time grant of 500 Euro.

■ WHERE AND WHEN CAN I APPLY?

The application is done online through the International Office website. But most departments also require all documents in paper form. Please contact your departmental coordinator.

There are two deadlines: e.g. beginning of November for a start date in the first half of the year and mid-March for a beginning in the second half.

■ WHERE TO FIND MORE INFORMATION?

www.uni-bremen.de/promos

■ WHO CAN APPLY?

Students, graduates, PhD-students of the University of Bremen and the other Bremen universities can apply. The central application requirement is that the reason of the stay abroad is the intention of a further vocational qualification. Particularly suitable therefore are internships.

Graduates can only apply, if they start their stay abroad no later than 3 months after graduation.

■ WHAT IS FUNDED?

Supported are stays abroad by highly qualified students and graduates of the University of Bremen and the other Bremen universities up to a maximum of 6 months. Excluded are stays / internships that are mandatory in the study or examination regulations; pure study units or study-bound projects; stays to write the thesis or pure research stays without job qualifying character.

■ WHAT DOES THE FUNDING ENTAIL?

A one-time grant will be awarded, the amount of which is determined on the basis of the requirements of the projects and the cost plans of the candidates.

■ WHERE AND WHEN CAN I APPLY?

You can apply twice a year for support from the Bremer Studienfonds. The application deadlines are the 15th of January or the 15th of June. The application has to be sent to the International Office.

■ WHERE TO FIND MORE INFORMATION?

www.uni-bremen.de/auslandspraktika

