



Universität  
Bremen

## 4. Info-Session for Exchange Students

14th of September 2023 13:30 (Bremen Time)

welcome!



Universität Bremen

INTERNATIONAL OFFICE

# Agenda

- ❖ City of Bremen
- ❖ University of Bremen
- ❖ Welcome Desk
- ❖ Orientation Week
- ❖ Erasmus Initiative
- ❖ Navigating the City
- ❖ Sport Registration Deadline
- ❖ Study Buddy Programm
- ❖ Health and Medical Services



# City of Bremen – Key Facts

- Historical Hanseatic city dating back more than 1200 years
- Germany's eleventh largest city with a population of around 550.000
- Bremen and its port. Bremerhaven, form Germany's smallest federal state
- Third most bike-friendly city in Europe
- Centre for the aerospace and automotive industries, four universities and around 50 research institutes
- Inspiration for the Grimm Brothers' fairy tale "The Town Musicians of Bremen"
- Bremen's Town Hall and Roland Statue are designated as UNESCO World Heritage Sites
- Greenest metropolis in Germany



# University of Bremen – Key Numbers

- Founded in 1971
- Number of Students: 18.631
  - 53% Female
  - 18,4 % International Students
- Over 100 Degree programs with over 7600 Course offers
- Number of Employees: 3578
  - Academic Staff: 2323
  - Of which 314 are professors
  - Administration and technical support staff 1.044

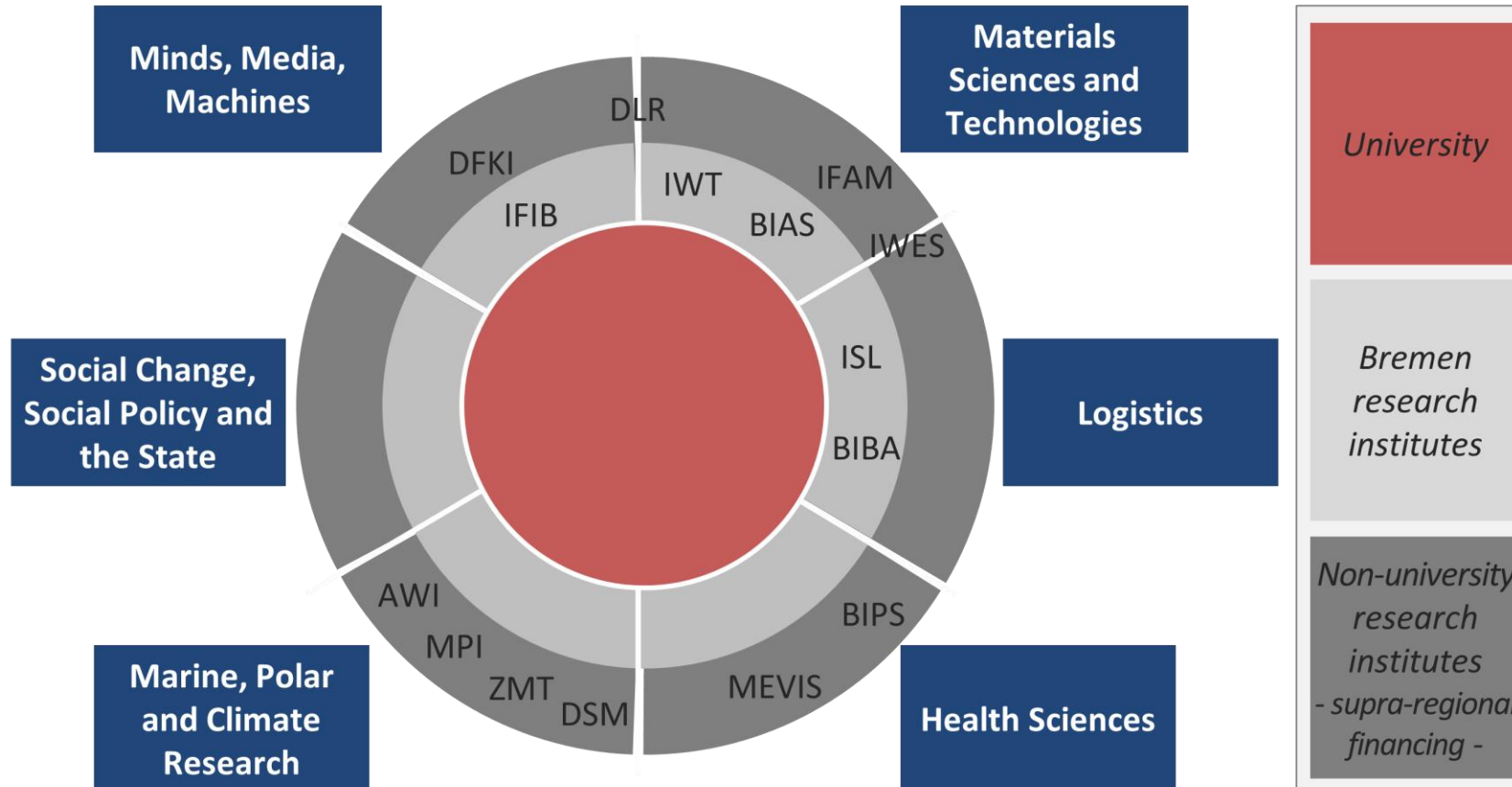


# University of Bremen – Facts

- Researched-based learning
- Research and teaching are closely linked at the university
- Faculty and students engage critically with issues of environment, society, culture and science
- Cross-disciplinary collaboration in research priorities- topics today:
  - The oceans and global climate
  - The future of industrial production
  - Human and artificial intelligence today and tomorrow
  - User-friendly systems for all and expansion of ki research
  - Social conflicts and social security



## The high-profile areas of the University of Bremen



# Academic structure – 12 faculties

1  
Physics/  
Electrical  
Engineering

2  
Biology/  
Chemistry

3  
Mathematics/  
Computer  
Science

4  
Production  
Engineering

5  
Geosciences

6  
Law

7  
Business  
Studies and  
Economics

8  
Social Sciences

9  
Cultural Studies

10  
Linguistics and  
Literary Studies

11  
Human and  
Health Sciences

12  
Pedagogy and  
Educational  
Sciences

# Campus life

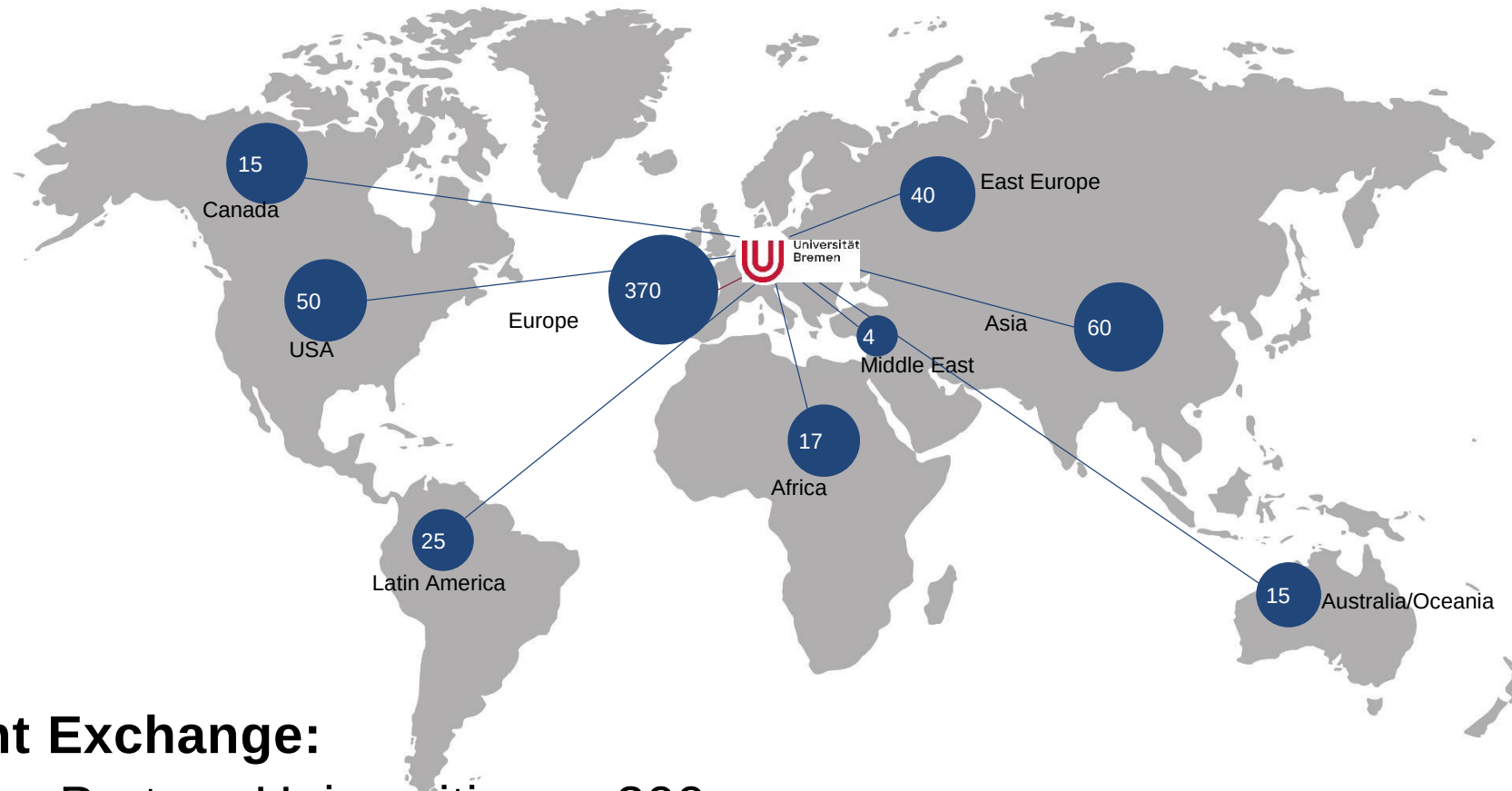
- A university for everyone
  - Comprehensive advice and service
  - Family-friendly university
  - Inclusive university
  - Studies for senior citizens
  - “Children’s University”
- Campus of short distances
  - Wide range of culture and sports
  - Central campus park





# Internationally connected

## University partnerships worldwide



### Student Exchange:

Erasmus Partner Universities: > 300

International Partner Universities: > 80

# International Science

- Global responsibility and cutting-edge international research
  - 10% researchers from abroad
  - Nationwide leading in receiving refugee researchers
- Study internationally
  - Internationalization of curricula
  - Large variety of options for a stay abroad
  - Academic success by participation and integration: **kompass**



# Welcome to the University!

## Welcome Desk

- At the Welcome Desk during the orientation weeks the tutors of the Newcomer Service Team will be happy to answer any questions you may have regarding the start of your studies at the University of Bremen
- They will provide advice and information on the semester ticket, the ERASMUS certificate of arrival and registration forms
- Attendance is recommended



- ❖ ID or Passport
- ❖ Please have a passport photo at hand for the Semesterticket!
- ❖ Please bring your certificate of arrival from your home University if you need it!

## 1. Orientierungswoche/ 1st Orientation Week 25.09.2023 -01.10.2023

| Datum/Date                                     | Uhrzeit/ Time                       | Veranstaltung/Event                                                            | Place                                                             | Veranstalter/ Organizer |
|------------------------------------------------|-------------------------------------|--------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------|
| <b>Montag/Monday</b><br><b>25.09.2023</b>      | 9:00 - 12:00/<br>9.00 am - 12.00 pm | <b>Willkommensfrühstück</b><br><i>Welcome Breakfast</i>                        | Mensa<br><i>Cafeteria</i>                                         | International Office    |
|                                                | 13.00 -14:00/<br>1.00 pm - 2.00 pm  | <b>Campusführung</b><br><i>Guided Campus Tour</i>                              | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> | International Office    |
|                                                | 14:00 - 17:30/<br>2.00 pm - 5.30 pm | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i> |                                                                   | FZHB/Goethe Institut    |
| <b>Dienstag/Tuesday</b><br><b>26.09.2023</b>   | 9:00 - 12:00/<br>9.00 am - 12.00 pm | <b>Welcome Desk</b>                                                            | VWG, Raum 0580<br>VWG, Room 0580                                  | International Office    |
|                                                | 13.00 -14:00/<br>1.00 pm - 2.00 pm  | <b>Campusführung</b><br><i>Guided Campus Tour</i>                              | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> | International Office    |
|                                                | 14:00 - 17:30/<br>2.00 pm - 5.30 pm | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i> |                                                                   | FZHB/Goethe Institut    |
|                                                | 19:00 – 21:00/<br>7.00 pm – 9.00 pm | <b>Speed Meeting</b>                                                           | MZH 1380/1400                                                     | Erasmus-Initiative      |
| <b>Mittwoch/Wednesday</b><br><b>27.09.2023</b> | 12.00 -13:00/<br>12.00 pm - 1.00 pm | <b>Campusführung</b><br><i>Guided Campus Tour</i>                              | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> | International Office    |
|                                                | 14:00 - 17:00/<br>2.00 pm - 5.00 pm | <b>Welcome Desk</b>                                                            | VWG, Raum 0580<br>VWG, Room 0580                                  | International Office    |
|                                                | 14:00 - 17:30/<br>2.00 pm - 5.30 pm | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i> |                                                                   | FZHB/Goethe Institut    |
| <b>Donnertag/Thursday</b><br><b>28.09.2023</b> | 14:00 - 17:30/<br>2.00 pm - 5.30 pm | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i> |                                                                   | FZHB/Goethe Institut    |
| <b>Freitag/Friday</b><br><b>29.09.2023</b>     | 14:00 - 17:30/<br>2.00 pm - 5.30 pm | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i> |                                                                   | FZHB/Goethe Institut    |

| 2. Orientierungswoche/ 2nd Orientation Week 02.10.2023 -08.10.2023 |                                        |                                                                                                                                             |                                                                                                                                                                                                                       |                                       |
|--------------------------------------------------------------------|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| Datum/Date                                                         | Uhrzeit/ Time                          | Veranstaltung/Event                                                                                                                         | Place                                                                                                                                                                                                                 | Veranstalter/ Organizer               |
| Montag/Monday<br>02.10.2023                                        | 9:00 - 11:30/<br>9.00 am - 11.30 am    | Welcome Desk                                                                                                                                | VWG, Raum 0580<br>VWG, Room 0580                                                                                                                                                                                      | International Office                  |
|                                                                    | 11:00 - 12:00 /<br>11.00 am - 12.00 pm | Sprechstunde Fachbereich 08 -<br>Politikwissenschaften<br><i>Consultation Hour Department 08 - Political<br/>Science</i>                    | SOCIUM, Raum 3.3390<br><i>SOCIUM, Room 3.3390</i>                                                                                                                                                                     | Sebastian Haunss                      |
|                                                                    | 11:00 - 12:00 /<br>11.00 am - 12.00 pm | Sprechstunde Fachbereich 08 - Integrierte<br>Europastudien<br><i>Consultation Hour Department 08 -<br/>Integrated European Studies</i>      | ZOOM<br><a href="https://uni-bremen.zoom-&lt;br/&gt;x.de/j/62509219384?pwd=MC9VaTA3Z3NXS&lt;br/&gt;ERQcmtPby93Q0xjZz09">https://uni-bremen.zoom-<br/>x.de/j/62509219384?pwd=MC9VaTA3Z3NXS<br/>ERQcmtPby93Q0xjZz09</a> | Caterina Bonora                       |
|                                                                    | 13.00 -14:00/<br>1.00 pm - 2.00 pm     | Campusführung<br><i>Guided Campus Tour</i>                                                                                                  | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i>                                                                                                                                                     | International Office                  |
|                                                                    | 14:00 - 18:15/<br>2.00 pm - 6.15 pm    | Deutsch Intensiv-Sprachkurs<br><i>German Intensive Language Courses</i>                                                                     |                                                                                                                                                                                                                       | FZHB/Goethe Institut                  |
| Dienstag/Tuesday<br>03.10.2013                                     | Feiertag/Public Holiday                |                                                                                                                                             |                                                                                                                                                                                                                       |                                       |
| Mittwoch/Wednesday<br>04.10.2023                                   | 12:00 -13:00/<br>12.00 pm - 1.00 pm    | Campusführung<br><i>Guided Campus Tour</i>                                                                                                  | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i>                                                                                                                                                     | International Office                  |
|                                                                    | 13:30 – 14:30/<br>1.30 pm – 2.30 pm    | Sprechstunde Fachbereich 11 – Psychologie<br>& Public Health<br><i>Consultation Hour Department 11 –<br/>Psychology &amp; Public Health</i> | Grazer Str. 2, Raum 0060<br>Grazer Str. 2, Room 0060                                                                                                                                                                  | Dr. Iris Stahlke<br>Christopher Jones |
|                                                                    | 14:00 - 16:00/<br>2.00 pm - 4.00 pm    | Welcome Desk                                                                                                                                | VWG, Raum 0580<br>VWG, Room 0580                                                                                                                                                                                      | International Office                  |
|                                                                    | 14:00 - 18:15/<br>2.00 pm - 6.15 pm    | Deutsch Intensiv-Sprachkurs<br><i>German Intensive Language Courses</i>                                                                     |                                                                                                                                                                                                                       | FZHB/Goethe Institut                  |
| Donnerstag/Thursday<br>05.10.2023                                  | 11:00 - 12:00/<br>11.00 am – 12.00 pm  | Sprechstunde Fachbereich 07 -<br>Wirtschaftswissenschaft<br><i>Consultation Hour Department 07 -<br/>Economics</i>                          | WiWi 1, Raum A 1070<br>WiWi 1, Room A 1070                                                                                                                                                                            | Siegrid Cinar                         |
|                                                                    | 14:00 - 18:15/<br>2.00 pm - 6.15 pm    | Deutsch Intensiv-Sprachkurs<br><i>German Intensive Language Courses</i>                                                                     |                                                                                                                                                                                                                       | FZHB/Goethe Institut                  |
| Freitag/Friday<br>06.10.2023                                       | 14:00 - 18:15/<br>2.00 pm - 6.15 pm    | Deutsch Intensiv-Sprachkurs<br><i>German Intensive Language Courses</i>                                                                     |                                                                                                                                                                                                                       | FZHB/Goethe Institut                  |



| 3. Orientierungswoche/ 3rd Orientation Week 09.10.2023 - 15.10.2023 |                                       |                                                                                                                                    |                                                                   |                         |
|---------------------------------------------------------------------|---------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|-------------------------|
| Datum/Date                                                          | Uhrzeit/ Time                         | Veranstaltung/Event                                                                                                                | Place                                                             | Veranstalter/ Organizer |
| <b>Montag/Monday</b><br><b>09.10.2023</b>                           | 9:00 - 11:30/<br>9.00 am - 11.30 am   | <b>Welcome Desk</b>                                                                                                                | VWG, Raum 0580<br><i>VWG, Room 0580</i>                           | International Office    |
|                                                                     | 13.00 -14:00/<br>1.00 pm - 2.00 pm    | <b>Campusführung</b><br><i>Guided Campus Tour</i>                                                                                  | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> |                         |
|                                                                     | 14:00 - 17:30/<br>2.00 pm - 5.30 pm   | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i>                                                     |                                                                   | FZHB/Goethe Institut    |
| <b>Dienstag/Tuesday</b><br><b>10.10.2023</b>                        | 14:00 - 17:30/<br>2.00 pm - 5.30 pm   | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i>                                                     |                                                                   | FZHB/Goethe Institut    |
|                                                                     | 10:00 - 11:00/<br>10.00 am - 11.00am  | <b>Sprechstunde Fachbereich 05 - Geowissenschaften</b><br><i>Consultation Hour Department 05 - Geosciences</i>                     | GEO, Raum 1330<br><i>GEO, Room 1330</i>                           | Ulrike Wolf-Brozio      |
| <b>Mittwoch/Wednesday</b><br><b>11.10.2023</b>                      | 11:30 -12:30/<br>11.30 am - 12.30 pm  | <b>Sprechstunde Fachbereich 12 - Erziehungswissenschaften</b><br><i>Consultation Hour Department 12 - Educational Sciences</i>     | GW2, Raum A 2390<br><i>GW2, Room A 2390</i>                       | Lara-Joy Rensen         |
|                                                                     | 12.00 -13:00/<br>12.00 pm - 1.00 pm   | <b>Campusführung</b><br><i>Guided Campus Tour</i>                                                                                  | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> | International Office    |
|                                                                     | 14:00 - 16:00/<br>2.00 pm - 4.00 pm   | <b>Welcome Desk</b>                                                                                                                | VWG, Raum 0580<br><i>VWG, Room 0580</i>                           | International Office    |
|                                                                     | 14:00 - 17:30/<br>2.00 pm - 5.30 pm   | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i>                                                     |                                                                   | FZHB/Goethe Institut    |
|                                                                     | 18:00 - 19:30/<br>6.00 pm - 7.30 pm   | <b>Willkommenstreffen Fachbereich 08</b><br><i>Welcome Meeting Department 08</i>                                                   | GW2, Raum B2770<br><i>GW2, Room B2770</i>                         | Michael Thiele          |
| <b>Donnerstag/Thursday</b><br><b>12.10.2023</b>                     | 10:00 - 12:00/<br>10.00 am - 12.00 pm | <b>Sprechstunde Fachbereich 03 - Mathematik - Informatik</b><br><i>Consultation Hour Department 03 - Mathematics - Informatics</i> | MZH, Raum 3230<br><i>MZH, Room 3230</i>                           | Dr.-Ing. Hui SHI        |
|                                                                     | 14:00 - 17:30/<br>2.00 pm - 5.30 pm   | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i>                                                     |                                                                   | FZHB/Goethe Institut    |
| <b>Freitag/Friday</b><br><b>13.10.2023</b>                          | 14:00 - 17:30/<br>2.00 pm - 5.30 pm   | <b>Deutsch Intensiv-Sprachkurs</b><br><i>German Intensive Language Courses</i>                                                     |                                                                   | FZHB/Goethe Institut    |

## 1. Vorlesungswoche/ 1st Lecture Week 16.10.2023 - 22.10.2023

| Datum/Date                                      | Uhrzeit/ Time                       | Veranstaltung/Event                               | Place                                                             | Veranstalter/ Organizer |
|-------------------------------------------------|-------------------------------------|---------------------------------------------------|-------------------------------------------------------------------|-------------------------|
| <b>Montag/Monday</b><br><b>16.10.2023</b>       | 9:00 - 11:30/<br>9.00 am - 11.30 am | <b>Welcome Desk</b>                               | VWG, Raum 0580<br><i>VWG, Room 0580</i>                           | International Office    |
|                                                 | 13.00 -14:00/<br>1.00 pm - 2.00 pm  | <b>Campusführung</b><br><i>Guided Campus Tour</i> | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> | International Office    |
| <b>Dienstag/Tuesday</b><br><b>17.10.2023</b>    |                                     |                                                   |                                                                   |                         |
| <b>Mittwoch/Wednesday</b><br><b>18.10.2023</b>  | 12.00 -13:00/<br>12.00 pm - 1.00 pm | <b>Campusführung</b><br><i>Guided Campus Tour</i> | Treffpunkt: Mensa-Eingang<br><i>Meeting point: Mensa entrance</i> | International Office    |
|                                                 | 14:00 - 16:00/<br>2.00 pm - 4.00 pm | <b>Welcome Desk</b>                               | VWG, Raum 0580<br><i>VWG, Room 0580</i>                           | International Office    |
| <b>Donnerstag/Thursday</b><br><b>19.10.2023</b> |                                     |                                                   |                                                                   |                         |
| <b>Freitag/Friday</b><br><b>20.10.2023</b>      |                                     |                                                   |                                                                   |                         |

| Sprechstunden der Fachbereiche/ Departmental Consultation Hours |                                        |                                                                                                                                                 |                                                                                                                                                                                       |                                       |
|-----------------------------------------------------------------|----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| Datum/Date                                                      | Uhrzeit/ Time                          | Veranstaltung/Event                                                                                                                             | Ort/Place                                                                                                                                                                             | Veranstalter/<br>Organizer            |
| Montag/Monday<br>02.10.2023                                     | 11:00 - 12:00 /<br>11.00 am - 12.00 pm | <b>Sprechstunde Fachbereich 08 - Politikwissenschaften</b><br><i>Consultation Hour Department 08 - Political Science</i>                        | SOCIUM, Raum 3.3390<br><i>SOCIUM, Room 3.3390</i>                                                                                                                                     | Sebastian Haunss                      |
| Montag/Monday<br>02.10.2023                                     | 11:00 - 12:00 /<br>11.00 am - 12.00 pm | <b>Sprechstunde Fachbereich 08 - Integrierte Europastudien</b><br><i>Consultation Hour Department 08 - Integrated European Studies</i>          | ZOOM<br><a href="https://uni-bremen.zoom-x.de/j/62509219384?pwd=MC9VaTA3Z3NXSERQcmtPby93Q0xjZz09">https://uni-bremen.zoom-x.de/j/62509219384?pwd=MC9VaTA3Z3NXSERQcmtPby93Q0xjZz09</a> | Caterina Bonora                       |
| Mittwoch/Wednesday<br>04.10.2023                                | 13:30 – 14:30/<br>1.30 pm – 2.30 pm    | <b>Sprechstunde Fachbereich 11 – Psychologie &amp; Public Health</b><br><i>Consultation Hour Department 11 – Psychology &amp; Public Health</i> | Grazer Str. 2, Raum 0060<br><i>Grazer Str. 2, Room 0060</i>                                                                                                                           | Dr. Iris Stahlke<br>Christopher Jones |
| Donnerstag/Thursday<br>05.10.2023                               | 11:00 - 12:00/<br>11.00 am – 12.00 pm  | <b>Sprechstunde Fachbereich 07 - Wirtschaftswissenschaft</b><br><i>Consultation Hour Department 07 - Economics</i>                              | WiWi 1, Raum A 1070<br><i>WiWi 1, Room A 1070</i>                                                                                                                                     | Siegrid Cinar                         |
| Dienstag/Tuesday<br>10.10.2023                                  | 10:00 - 11:00/<br>10.00 am - 11.00am   | <b>Sprechstunde Fachbereich 05 - Geowissenschaften</b><br><i>Consultation Hour Department 05 - Geosciences</i>                                  | GEO, Raum 1330<br><i>GEO, Room 1330</i>                                                                                                                                               | Ulrike Wolf-Brozio                    |
| Mittwoch/Wednesday<br>11.10.2023                                | 11:30 -12:30/<br>11.30 am - 12.30 pm   | <b>Sprechstunde Fachbereich 12 - Erziehungswissenschaften</b><br><i>Consultation Hour Department 12 - Educational Sciences</i>                  | GW2, Raum A 2390<br><i>GW2, Room A 2390</i>                                                                                                                                           | Lara-Joy Rensen                       |
| Mittwoch/Wednesday<br>11.10.2023                                | 18:00 - 19:30/<br>6.00 pm - 7.30 pm    | <b>Willkommenstreffen Fachbereich 08</b><br><i>Welcome Meeting Department 08</i>                                                                | GW2, Raum B2770<br><i>GW2, Room B2770</i>                                                                                                                                             | Michael Thiele                        |
| Donnerstag/Thursday<br>12.10.2023                               | 10:00 - 12:00/<br>10.00 am - 12.00 pm  | <b>Sprechstunde Fachbereich 03 - Mathematik - Informatik</b><br><i>Consultation Hour Department 03 - Mathematics - Informatics</i>              | MZH, Raum 3230<br><i>MZH, Room 3230</i>                                                                                                                                               | Dr.-Ing. Hui SHI                      |



## Erasmus Initiative

The Erasmus Initiative of the University Bremen is a non-profit association of former Erasmus students, that is organizing around 30 voluntary events per study term in the city of Bremen and its surrounding areas for around 300 international students from all over the world. We organize day and weekend trips, cultural events, social events and besides we coach an own Erasmus football team at the University Bremen. Our members are open-minded and positive characters that like to spend their time and energy to familiarize the visitors with the city of Bremen but also with the life in Germany in general. The overall target is to encourage cultural exchange and establish contact between the students.



<https://www.erasmus-initiative.uni-bremen.de/>

<https://www.facebook.com/EIBUniHB>

[https://www.instagram.com/eib\\_unibremen/](https://www.instagram.com/eib_unibremen/)

<https://chat.whatsapp.com/Kb9ybGkzblY6ysq5tYwin1>

## Virtual Private Network

- Some access-restricted services of the university or the "Staats- und Universitätsbibliothek Bremen" (SuUB) can only be used if you are on campus, so that the computer you are using has an IP address from the area assigned to the university.
- If you want to access these services from home or on the road with an account from the "Zentrum für Netze" (ZfN), you must install a so-called VPN client software (AnyConnect or OpenConnect) once on your computer and establish a connection to the campus with the VPN client before you can get access to the restricted services. This way you are "virtually" on campus and can use the usual services.
- Only active university employees and students may use the VPN service.

LINK:

[https://www.uni-bremen.de/en/zfn/  
other-it-  
services/wifi/overview-vpn](https://www.uni-bremen.de/en/zfn/other-it-services/wifi/overview-vpn)

# Navigating Bremen

- Bremen has an efficient public transport system. Students can use all buses and trams free of charge with the Semesterticket in this area ([Karte-SemesterTicket-Flyer\\_2018\\_2019\\_mL-Kopie.jpg \(2281×2345\) \(uni-bremen.de\)](#))
- There are a few websites that will help you navigate Bremen's public transport:
  - [VBN journey planner app | BSAG](#)
  - [Cheap Train Tickets | Timetables for Germany & Europe - Deutsche Bahn](#)
  - Google Maps
- Bremen is a bikerfriendly city, consider renting a bike for short or longterm purposes to get around:
  - [Swapfiets](#)
  - [wk-bike](#)



# University Sport

- The winter semester program begins Oct. 16, 2023 and ends Feb. 04, 2024.
- Registration will be available online **beginning at 7:00 a.m. Monday, Oct. 2.**
- Current Courses - Universität Bremen ([uni-bremen.de](https://uni-bremen.de))



# Health Care and Medical Services

In Germany, there are general practitioners as well as specialists in each field (eg. radiologists, optometrists, dermatologists, etc.).

In case of illness, it is normal to go to a general practitioner (Arzt für Allgemeinmedizin) first. He/she will send the patient to a specialist if necessary. It is recommended to make an appointment before going to the doctor.

Everyone has free choice in the selection of their doctor. Search portals for Doctors:

- [Arzt-Auskunft](#)
- [Kassenärztliche Vereinigung](#)

For an appointment, you have to bring:

- Proof of valid health insurance (e.g. EHIC card)
- proof of matriculation at the University of Bremen
- ID / Passport



# Health Care and Medical Services

At night or on the weekend, we recommend contacting the emergency medical services (phone numbers below) or going directly to the hospital.

## Emergency phone numbers:

- Police: 110
- Fire Services: 112
- Emergency Medical Services/ Ambulance: 112

## Emergency Medical Care (Nights and Weekends):

- Emergency Doctors: +49 421 / 19292
- Medical Emergency Portal: +49 421 / 116117
- Emergency Pediatric Doctor: +49 421 / 3404444
- "Giftinformationszentrum Nord" (Poison Information Center North): +49 551 / 19240

## Helpful Links

- [Emergency Pharmacies Bremen](#) (search by zip code)
- [Pharmacies search](#)
- [Hospitals Bremen](#)
- [First Aid - an illustrated health dictionary](#) (Information brochure by Deutsches Studentenwerk)



# Pharmacies and Medicine

In Germany, medicine is only available in pharmacies. There are two types of medicine: available with or without a prescription.

The German law on medicine is strict - most medicine is only available with a prescription (e.g. antibiotics) and pharmacies will not provide them without a prescription from a doctor.

Most health insurances generally cover most of the cost of medicine. There might be an additional fee of around 5-10 Euro.

At night or on the weekend, we recommend contacting the emergency pharmacy service (Apotheken-Notdienst). Information on which pharmacy to contact in this case can be found in the newspaper or on the Internet.





# Psychological and Social Support

The "Studierendenwerk Bremen" offers support to students in situations of psychological or social crisis.

Contact:

- Psychological counselling
- Social counselling

Contacts für support in personal crisis

What to do in case of an emergency at the University of Bremen:  
Emergency



# Studdy Buddy



The Study Buddy program is designed to help international exchange students find their way around the university and the city of Bremen.

Every international student participating in the program is matched with a student from Bremen as their „buddy“. The buddy will provide support for everyday life in Bremen.

The program is a great opportunity to make friends, socialize with people from other cultures, improve foreign language skills and have fun.

The program starts during the first few weeks of the semester.

More information on [Study Buddy](#)



# Questions?

# Website of the Newcomer Service

You may also check the website of the **Newcomer Service** for more information:

<https://www.uni-bremen.de/en/studies/starting-your-studies/offers-for-international-students/newcomer-service-for-exchange-students/before-arrival>



# Contacts

- Registration for the exchange place in „Mobility Online“:
  - Erasmus students: [incoming@uni-bremen.de](mailto:incoming@uni-bremen.de)
  - Students from overseas co-operations: [studybremen@uni-bremen.de](mailto:studybremen@uni-bremen.de)
- Application for the enrolment as a visiting student (“MOIN”): [master@vw.uni-bremen.de](mailto:master@vw.uni-bremen.de)
- Housing application at „Studierendenwerk Bremen“: [wohnraumvermittlung@stw-bremen.de](mailto:wohnraumvermittlung@stw-bremen.de)
- German intensive courses: [hochschulkooperation-bremen@goethe.de](mailto:hochschulkooperation-bremen@goethe.de)
- Questions about orientation weeks, health insurance and visa: [ckrain@uni-bremen.de](mailto:ckrain@uni-bremen.de)
- Academic contacts for Erasmus students at the faculties: Erasmus Coordinators



# Online Office Hours of the International Office

## Office hours of the International Office:

Monday: 09:00 - 11:30 (CEST)

Wednesday: 14:00 - 16:00 (CEST)

You can reach us [online](#) during our office hours.

For data protection reasons, only one person at a time can be in consultation.

Please be patient if you have to wait a bit.

International Office Website:

<https://www.uni-bremen.de/en/university/profile/international/international-office>



**Thank you for your attention!**

