

3. Online Info-Session for International Exchange Students



Agenda

- ❖ City of Bremen and University of Bremen
- ❖ Sports Programmes
- ❖ Study Buddy Programme
- ❖ Orientation Weeks and Welcome Desk
- ❖ Campus Layout
- ❖ Wifi on Campus
- ❖ Public Transport
- ❖ Health and Medical Services
- ❖ Questions and Answers



City of Bremen – Facts

- Historical Hanseatic city dating back more than 1200 years
- Germany's eleventh largest city with a population of around 550.000
- Bremen and its port, Bremerhaven, form Germany's smallest federal state
- Third most bike-friendly city in Europe
- Centre for the aerospace and automotive industries, four universities and around 50 research institutes
- Inspiration for the Grimm Brothers' fairy tale "The Town Musicians of Bremen"
- Bremen's Town Hall and Roland Statue are designated as UNESCO World Heritage Sites
- Greenest metropolis in Germany



University of Bremen – Facts

- Researched-based learning
- Research and teaching are closely linked at the university
- Faculty and students engage critically with issues of environment, society, culture and science
- Cross-disciplinary collaboration in research priorities- topics today:
 - The oceans and global climate
 - The future of industrial production
 - Human and artificial intelligence today and tomorrow
 - User-friendly systems for all and expansion of AI research
 - Social conflicts and social security



Academic structure – 12 faculties

1
Physics/Electrical Engineering

2
Biology/Chemistry

3
Mathematics/
Computer
Science

4
Production
Engineering

5
Geosciences

6
Law

7
Business
Studies and
Economics

8
Social Sciences

9
Cultural Studies

10
Linguistics and
Literary Studies

11
Human and
Health Sciences

12
Pedagogy and
Educational
Sciences

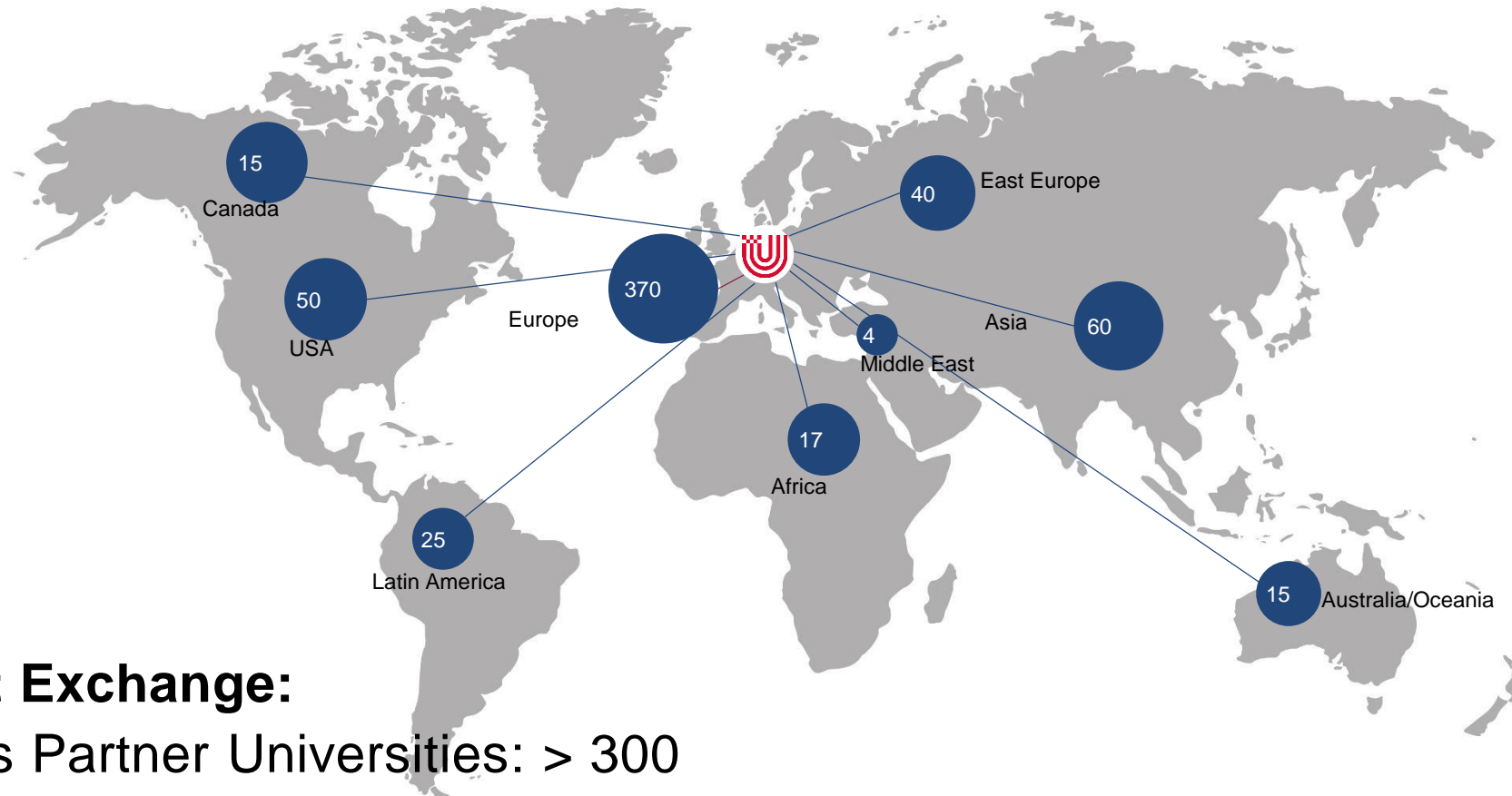
Campus life

- A university for everyone
 - Comprehensive advice and service
 - Family-friendly university
 - Inclusive university
 - Studies for senior citizens
 - “Children’s University”
- Campus of short distances
 - Wide range of culture and sports
 - Central campus park



Internationally connected

University partnerships worldwide



Student Exchange:

Erasmus Partner Universities: > 300

International Partner Universities: > 80

International Science

- Global responsibility and cutting-edge international research
 - 10% researchers from abroad
 - Nationwide leading in receiving refugee researchers
- Study internationally
 - Internationalization of curricula
 - Large variety of options for a stay abroad
 - Academic success by participation and integration: **kompass**

Study Buddy Programme



The **Study Buddy program** is designed to help international exchange students find their way around the university and the city of Bremen.

Every international student participating in the program is matched with a student from Bremen as their „buddy“. The buddy will provide support for everyday life in Bremen.

The program is a great opportunity to make friends, socialize with people from other cultures, improve foreign language skills and have fun.

The program starts during the first few weeks of the semester.

More information on [Study Buddy](#)

University Sports Programmes

- Courses will start from October 14th 2024 on til February 2nd 2025
- **Online registration from September 30th, 7.00 am onwards**
- [Current Courses - Universität Bremen \(uni-bremen.de\)](https://uni-bremen.de)



Psychological and Social Support

The "Studierendenwerk Bremen" offers support to students in situations of psychological or social crisis.

Contact:

- Psychological counselling
- Social counselling

Contacts für support in personal crisis

What to do in case of an emergency at the University of Bremen:
Emergency



Orientation Weeks

- Welcome Breakfast: **23.09.2024 at 09:00 a.m.** (Bremen time) in the Uni Mensa
- Intensive German Language Course: **23.09.-11.10.2024** Mo-Fr, 14:00-17:30 (in 2nd week until 18:15)
- Campus Tours
- Welcome Desk of the Newcomer Service (assistance with formalities after arrival in Bremen)
- Social Events organized by the **Erasmus Initiative**

The full programm of the orientation weeks with dates and times will be sent to you next week.

The current programme can be found on the next few pages



Newcomer Service for exchange students				
1. Orientierungswoche / 1st Orientation week 23.09.2024 – 27.09.2024				
Datum Date	Uhrzeit Hour	Veranstaltung Event	Ort Location	Veranstalter Organizer
Montag <i>Monday</i> 23.09.24	09:00 - 11:30	Welcome Breakfast	Uni Mensa	International Office/ Goethe Institut/ FZHB
	11:00	Group photo The group will walk together to the glass hall.	Glass hall	
	11:00 – 13:00	Faculty 7 (Economics): Consultation hour	WiWi1, A3140	Uni Bremen
	11:30 – 12:30	Campus Tour	Uni Mensa	International Office
	14:00 - 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Dienstag <i>Tuesday</i> 24.09.24	09:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	tba.	Speedmeeting	MZH, 1400	Erasmus Initiative
	10:00 – 12:00	Faculty 10 (Languages & Literatures): Consultation hour	GW2, A 3.900	Uni Bremen
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Mittwoch <i>Wednesday</i> 25.09.24	10:00 – 11:30	Rallye: University Library (SuUB)	Please go to the information point of the library. There you will get a QR-Code for the App „Actionbound“. Please take your smartphone with you. You need to download the App.	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Donnerstag <i>Thursday</i> 26.09.24	09:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	10:00 – 12:00	Faculty 10 (Languages & Literatures): Consultation hour	GW2, A 3.900	Uni Bremen
Freitag <i>Friday</i> 27.09.24	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	tba.	Karaoke Evening	KONO Bar, Am Schwarzen Meer 141, 28205 Bremen	Erasmus Initiative
Samstag <i>Saturday</i> 28.09.24	tba.	Bremen City Tour	Meeting point: Stairs of Dom Cathedral	Erasmus Initiative

**Please join our Team
Erasmus 2024 Group. We
will upload the Programme
of the Erasmus Initiative
there.**

Team Erasmus 2024

WhatsApp group



Newcomer Service for exchange students					
2. Orientierungswoche / 2nd Orientation week 30.09.2024 – 04.10.2024					
Datum Date	Uhrzeit Hour	Veranstaltung Event	Ort Location	Veranstalter Organizer	
Montag Monday 30.09.24	09:00 – 12:00	Welcome Desk	VWG Ground Floor Room 0580	International Office	
	11:00 – 13:00	Faculty 7 (Economics): Consultation hour	WiWi1 A3140	Uni Bremen	
	12:00 – 13:00	Campus Tour	In front of VWG	International Office	
	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum	
Dienstag Tuesday 01.10.24	09:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office	
	10:00 – 12:00	Faculty 10 (Languages & Literatures): Consultation hour	GW2, A 3.900	Uni Bremen	
	11:00 – 12:00	Faculty 7 (Economics): Welcome Session	WiWi1 A1070	Uni Bremen	
	11:00 – 12:00	Faculty 8 (Geography): Consultation hour	GW2 B2811	Uni Bremen	
	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum	
	tba.	Pub Crawl	Meeting point: Kulturzentrum Lagerhaus Bremen e.V., Schildstraße 12-19, 28203 Bremen	Erasmus Initiative	
Mittwoch Wednesday 02.10.24	10:00 – 11:30	Rallye: University Library (SuUB)		Please go to the information point of the library. There you will get a QR-Code for the App "Actionbound". Please take your smartphone with you. You need to download the App.	International Office
	12:30 – 13:15	Faculty 3 (Mathematics): Consultation hour	GW2, A 3.900		Uni Bremen
	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail		Goethe Institut/ Sprachenzentrum
Donnerstag Thursday 03.10.24		Public Holiday! (Tag der deutschen Einheit)			
	tba.	City Rallye		Meeting point: Stairs of Dom Cathedral	Erasmus Initiative
Freitag Friday 04.10.24	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum	
Samstag Saturday 05.10.24	tba.	Barbecue	Unisee	Erasmus Initiative	

Newcomer Service for exchange students				
3. Orientierungswoche / 3rd Orientation week 07.10.2024 – 11.10.2024				
Datum Date	Uhrzeit Hour	Veranstaltung Event	Ort Location	Veranstalter Organizer
Montag Monday 07.10.24	09:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	11:00 – 13:00	Faculty 7 (Economics): Consultation hour	WiWi1 A3140	Uni Bremen
	12:00 – 13:00	Campus Tour	In front of VWG	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Dienstag Tuesday 08.10.24	10:00 – 12:00	Faculty 10 (Languages & Literatures): Consultation hour	GW2, A 3.900	Uni Bremen
	10:00 – 13:00	Bremen City Tour	tba.	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	tba.	Get-to-know Bingo	Meeting point: Kulturzentrum Lagerhaus Bremen e.V., Schildstraße 12-19, 28203 Bremen	Erasmus Initiative
Mittwoch Wednesday 09.10.24	10:00 – 11:00	Faculty 8 (Integrated European Studies): Consultation hour	GW2 B2340	Uni Bremen
	10:00 – 13:00	Bremen City Tour	tba.	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum

Donnerstag Thursday 10.10.24	09:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	10:00 – 12:00	Faculty 3 (Informatics): Consultation hour	MZH, 3230	Uni Bremen
	10:00 – 12:00	Faculty 10 (Languages & Literatures): Consultation hour	GW2, A 3.900	Uni Bremen
	11:00 – 12:00	Faculty 8 (Political Sciences): Consultation hour	Room 7.4680 in the Socium, Mary- Somerville-Str. 7, 4. Floor	Uni Bremen
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	tba.	International dinner	MZH 1400	Erasmus Initiative
Freitag Friday 11.10.24	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Samstag Saturday 12.10.24	tba.	Beerpong tournament together with Erasmus students of HSB	tba.	Erasmus Initiative

Welcome to the University! Welcome Desk

- At the Welcome Desk during the orientation weeks, the tutors of the Newcomer Service Team will be happy to answer any questions you may have regarding the start of your studies at the University of Bremen
- They will provide advice and information on the Germany semester ticket, the ERASMUS certificate of arrival and registration forms
- **Please bring your Certificate of Arrival from your home University and your personal ID!**
- **Welcome Desk Location: VWG building, room 0580!**



Welcome Desk Time Table

Location: VWG Ground Floor Room 0580

Date	Hour
Tuesday, 24.09.24	09:00 – 14:00
Thursday, 26.09.24	09:00 – 14:00
Monday, 30.09.24	09:00 – 12:00
Tuesday, 01.10.24	09:00 – 14:00
Monday, 07.10.24	09:00 – 14:00
Thursday, 10.10.24	09:00 – 14:00

Germany Semester Ticket and Student ID

- Students can use all **buses, trams and regional trains** free of charge with the **Semesterticket** in all of Germany
- NO IC or ICE trains!
- There are a few websites that will help you navigate Bremen's public transport:
 - [VBN journey planner app | BSAG](#)
 - [Cheap Train Tickets | Timetables for Germany & Europe - Deutsche Bahn](#)
 - Google Maps
- Bremen is a bikerfriendly city, consider renting a bike for short or longterm purposes to get around:
 - [Swapfiets](#)
 - [wk-bike](#)



Important Information regarding the Semester Ticket!

- The ticket will only be valid from **01.10.24** onwards!
- If you arrive for the Orientation Weeks, please buy weekly or daily tickets for your journey on these days
 - => This can be done at the **Main Station**, at Station **,Domsheide‘** or online via the apps **,Deutsche Bahn‘** or **,FahrplanerApp‘**
- **If you are caught without a ticket, the fee is 60€!**

- **It is a digital ticket, so if you have already received a paper version, then this is not valid**
- **The Student Office will inform you when you can download it and where**

Certificate of Arrival

- Your home university may need you to hand in a **Certificate of Arrival**
- If they don't, then that is okay and we don't require the document from you
- If you haven't already, please make sure whether your university needs this and then bring this to the Welcome Desk with you
- We can sign it and hand it back to you the next day in the Erasmus Office

- **Please make sure you put your name and Arrival date on there when you drop it off!**

Registration Forms

- You will need to register at the **City of Bremen**
- For this, the Welcome Desk will give you two different documents to fill out and the directions for the City office
- There, you can drop in to get registered

Campus Directions

→ Directions to the University of Bremen

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→ **By plane:**

→ To get from the airport to the university you can either take a taxi or the tram line 6. The tram stop is just in front of the airport building and takes you directly to the university. You can get off at "Universität-Süd", "Universität/Zentralbereich" or at final stop "Universität-Nord". Ticket price is €3.00.

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→ **By train:**

→ Leave Bremen Central Station south (towards City Center). You will find the tram/bus stops to your left when leaving the building. The tram line 6 towards 'Universität' brings you directly to the university. You can get off at "Universität-Süd", "Universität/Zentralbereich" or at final stop "Universität-Nord". Ticket price is €3.00.

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→ **By car:**

→ Coming from motorway A1 (Autobahn A1), take the A27 North at interchange Bremen ("Bremer Kreuz"). Leave the A27 at exit "Universität / Horn-Lehe" and follow the direction "Centrum / Universität". There is sufficient parking available on the University campus (from €1.00/day).

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→ For the Welcome Breakfast and the Mensa, please leave at '**Universität Zentralbereich**'!

Wifi on Campus

The Wifi is within the Eduroam system and can be accessed all around campus

- You will need your **Zfn Account** to login (login details will have been sent to you through your university email account, it is the prefix of your @uni-bremen.de email account as user name, and your password)
- You might have to download an additional app: **geteduroam**
- Please follow the instructions in the following link:

<https://www.uni-bremen.de/en/zfn/wifi/instructions-wifi>

Health Care and Medical Services

In Germany, there are general practitioners as well as specialists in each field (e.g., radiologists, optometrists, dermatologists, etc.).

In case of illness, it is normal to go to a general practitioner (Ärzt/in für Allgemeinmedizin) first. They will send the patient to a specialist if necessary. It is recommendable to make an appointment before going to the doctor.

Everyone has free choice in the selection of their doctor. Search portals for Doctors:

- Arzt-Auskunft
- Kassenärztliche Vereinigung

For an appointment you have to bring:

- **Proof of valid health insurance (e.g. EHIC card)**
- **proof of matriculation at the University of Bremen**
- **ID / Passport**

Health Care and Medical Services

At night or on the weekend, we recommend contacting the emergency medical services (phone numbers below) or going directly to the hospital.

Emergency phone numbers:

- Police: 110
- Fire Services: 112
- Emergency Medical Services/ Ambulance: 112

Emergency Medical Care (Nights and Weekends):

- Emergency Doctors: +49 421 / 19292
- Medical Emergency Portal: +49 421 / 116117
- Emergency Pediatric Doctor: +49 421 / 3404444
- "Giftinformationszentrum Nord" (Poison Information Center North): +49 551 / 19240

Helpful Links

- [Emergency Pharmacies Bremen](#) (search by zip code)
- [Pharmacies search](#)
- [Hospitals Bremen](#)
- [First Aid - an illustrated health dictionary](#) (Information brochure by Deutsches Studentenwerk)

Pharmacies and Medicine

In Germany, medicine is only available in pharmacies. There are two types of medicine: **available with or without a prescription.**

The German law on medicine is strict - most medicine is only available with a prescription (e.g. antibiotics) and pharmacies will not provide them without a prescription from a doctor.

Most health insurances generally cover most of the cost of medicine. There might be an additional fee of around 5-10 Euro.

At night or on the weekend, we recommend contacting the emergency pharmacy service (Apotheken-Notdienst). Information on which pharmacy to contact in this case can be found in the newspaper or on the Internet.



Contacts

- General Inquiries
 - Erasmus students: incoming@uni-bremen.de
 - Students from overseas co-operations: studybremen@uni-bremen.de
- Application for the enrollment as a visiting student (“MOIN”): bachelor@vw.uni-bremen.de
- Housing application at „Studierendenwerk Bremen“: wohnraumvermittlung@stw-bremen.de
- German intensive courses: hochschulkooperation-bremen@goethe.de
- Questions about orientation weeks, health insurance and visa: newcomer@uni-bremen.de

Online Office Hours of the International Office

Office hours of the International Office Consultation Bureau (VWG, Room 0580):

Monday: 09:00 – 11:30 (CEST)

Wednesday: 14:00 - 16:00 (CEST)

For Zoom Calls Only: ([Link Here](#))

Thursday: 09:00 – 11:30 (CEST)

You may also check the website of the [Newcomer Service](#) or the [International Office Website](#) for more information

Thank you for your attention!

