

3. Online Info-Session for International Exchange Students



Agenda

- ❖ City of Bremen and University of Bremen
- ❖ Sports Programmes
- ❖ Study Buddy Programme
- ❖ Orientation Weeks and Welcome Desk
- ❖ Wifi on Campus
- ❖ Public Transport
- ❖ Health and Medical Services
- ❖ Emergency & Safety
- ❖ Questions and Answers



City of Bremen – Facts

- Historical Hanseatic city dating back more than 1200 years
- Germany's eleventh largest city with a population of around 550.000
- Bremen and its port, Bremerhaven, form Germany's smallest federal state
- Third most bike-friendly city in Europe
- Centre for the aerospace and automotive industries, four universities and around 50 research institutes
- Inspiration for the Grimm Brothers' fairy tale "The Town Musicians of Bremen"
- Bremen's Town Hall and Roland Statue are designated as UNESCO World Heritage Sites
- Greenest metropolis in Germany



University of Bremen – Facts

- Researched-based learning
- Research and teaching are closely linked at the university
- Faculty and students engage critically with issues of environment, society, culture and science
- Cross-disciplinary collaboration in research priorities- topics today:
 - The oceans and global climate
 - The future of industrial production
 - Human and artificial intelligence today and tomorrow
 - User-friendly systems for all and expansion of AI research
 - Social conflicts and social security



Campus life

- A university for everyone
 - Comprehensive advice and service
 - Family-friendly university
 - Inclusive university
 - Studies for senior citizens
 - “Children’s University”
- Campus of short distances
 - Wide range of culture and sports
 - Central campus park



Academic structure – 12 faculties

1
Physics/Electrical Engineering

2
Biology/Chemistry

3
Mathematics/
Computer
Science

4
Production
Engineering

5
Geosciences

6
Law

7
Business
Studies and
Economics

8
Social Sciences

9
Cultural Studies

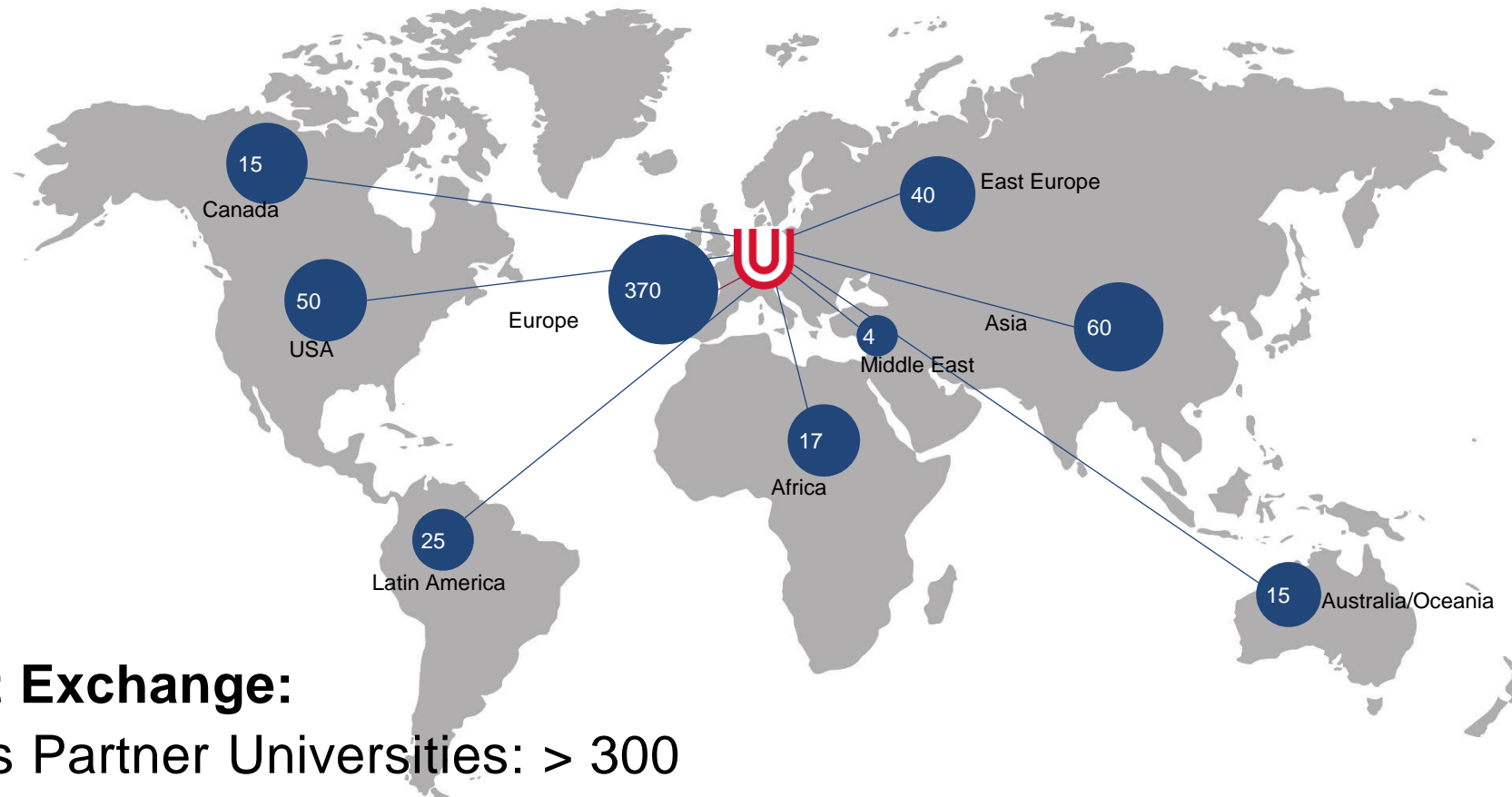
10
Linguistics and
Literary Studies

11
Human and
Health Sciences

12
Pedagogy and
Educational
Sciences

Internationally connected

University partnerships worldwide



Student Exchange:

Erasmus Partner Universities: > 300

International Partner Universities: > 80

International Science

- Global responsibility and cutting-edge international research
 - 10% researchers from abroad
 - Nationwide leading in receiving refugee researchers
- Study internationally
 - Internationalization of curricula
 - Large variety of options for a stay abroad
 - Academic success by participation and integration: **kompass**

Study Buddy Programme



The **Study Buddy program** is designed to help international exchange students find their way around the university and the city of Bremen.

Every international student participating in the program is matched with a student from Bremen as their „buddy“. The buddy will provide support for everyday life in Bremen.

The program is a great opportunity to make friends, socialize with people from other cultures, improve foreign language skills and have fun.

The program starts during the first few weeks of the semester.

More information on [Study Buddy](#)

University Sports Programmes

- Courses will start from April 7th 2026 on til July 12th 2026
- **Online registration from March 23rd, 7.00 am onwards**
- [Current Courses - Universität Bremen \(uni-bremen.de\)](https://uni-bremen.de)



Orientation Weeks

- Welcome Breakfast: **16.03.2026 at 09:00 a.m.** (Bremen time) in the Uni Mensa
- Intensive German Language Course: **16.03.- 02.04.2026** Mo-Fr, 14:00-17:30 (in 3rd week until 18:15, 03.04. is a **Public Holiday - Karfreitag**)
- Campus Tours
- Welcome Desk of the Newcomer Service (assistance with formalities after arrival in Bremen)
- Social Events organized by the **Erasmus Initiative**

The current programme can be found on the next few pages.



Newcomer Service for exchange students				
1. Orientierungswoche / 1st Orientation week 16.03.2026 – 22.03.2026				
Datum Date	Uhrzeit Hour	Veranstaltung Event	Ort Location	Veranstalter Organizer
Montag Monday 16.03.26	09:00 - 11:00	Welcome Breakfast	Uni Mensa	International Office/ Goethe Institut/ FZHB
	11:00	Group photo The group will walk together to the glass hall.	Glass hall	
	11:15 – 12:15	Campus Tour (Guided tours on the university campus)	Uni Mensa	International Office
	14:00 - 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Dienstag Tuesday 17.03.26	10:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	19:00	Speedmeeting	MZH, 1400	Erasmus Initiative
Mittwoch Wednesday 18.03.26	10:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	10:00 – 11:30	Rallye: University Library (SuUB)	You will find the QR-Code for the App „Actionbound“ on page 2. Please take your smartphone with you. You need to download the App.	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Donnerstag Thursday 19.03.26	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	19:00	Karaoke Evening	MZH, 1470	Erasmus Initiative
Freitag Friday 20.03.26	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Samstag Saturday 21.03.26	14:00	City Rallye	Meeting point: Stairs of Dom Cathedral	Erasmus Initiative



Newcomer Service for exchange students				
2. Orientierungswoche / 2nd Orientation week 23.03.2026 – 29.03.2026				
Datum Date	Uhrzeit Hour	Veranstaltung Event	Ort Location	Veranstalter Organizer
Montag Monday 23.03.26	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	19:00	Board Game night	MZH 1470	Erasmus Initiative
Dienstag Tuesday 24.03.26	10:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	12:00 – 13:00	Campus Tour	In front of VWG	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Mittwoch Wednesday 25.03.26	10:00 – 11:30	Rallye: University Library (SuUB)	You will find the QR-Code for the App „Actionbound“ on page 2. Please take your smartphone with you. You need to download the App.	International Office
	10:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Donnerstag Thursday 26.03.26	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	19:00	Pub Crawl	Meeting point: Kulturzentrum Lagerhaus Bremen e.V. ,Schildstraße 12-19, 28203 Bremen	Erasmus Initiative
Freitag Friday 27.03.26	14:00 – 17:30	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Samstag Saturday 28.03.26	7:00	Harz Hike	Meeting point: Central Station (Hauptbahnhof Bremen)	Erasmus Initiative



Newcomer Service for exchange students				
3. Orientierungswoche / 3rd Orientation week 30.03.2026 – 05.04.2026				
Datum Date	Uhrzeit Hour	Veranstaltung Event	Ort Location	Veranstalter Organizer
Montag Monday 30.03.26	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Dienstag Tuesday 31.03.26	10:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	12:00 – 13:00	Campus Tour	In front of VWG	International Office
	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
	19:00	Bingo night	Meeting point: Kulturzentrum Lagerhaus Bremen e.V., Schildstraße 12-19, 28203 Bremen	Erasmus Initiative
Mittwoch Wednesday 01.04.26	10:00 – 14:00	Welcome Desk	VWG Ground Floor Room 0580	International Office
	09:45 – 11:00	Visit of the "Bremische Bürgerschaft" (Parliament of Bremen) Guided tour for a group of max. 25 students. Please send a short mail to incoming@uni-bremen.de so that we know how many people will take part in the guided tour.	Meeting point: Bremische Bürgerschaft, Am Markt 20, 28195 Bremen	International Office
	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Donnerstag Thursday 02.04.26	14:00 – 18:15	Optional Intensive German Language Course	As you were informed via mail	Goethe Institut/ Sprachenzentrum
Freitag Friday 03.04.26		Public Holiday! No shops are open! (Karfreitag)		
	18:00	Flunkyball Tournament (typical German drinking game)	Meeting point: Entrance Glass Hall, University Bremen	Erasmus Initiative





Sprechstunden der Fachbereiche / Departmental Consultation Hours				
Datum / Date	Uhrzeit / Time	Veranstaltung/Event	Gebäude und Raum/Building and Room	Veranstalter/Organizer
Mondays	10:00-12:00	Fachbereich 1 – Physik und Elektrotechnik <i>Faculty 1 – Physics and Electrical Engineering</i>	NW1, S 2440	Priv.-Doz. Dr. Annette Ladstätter-Weißenmayer
Tuesday, 17.03.26	10:00-11:00	Fachbereich 3 – Mathematik <i>Faculty 3 – Mathematics</i>	MZH, 7190	Prof. Dr. Anastasios Stefanou
Tue, 17.03.26	11:00-12:00	Fachbereich 3 – Digitale Medien und Informatik <i>Faculty 3 – Digital Media and Informatics</i>	MZH 1280	Dr. Sabine Kuske
Wed., 18.03.26	11:00-12:00			
Tue, 31.03.26	11:00-12:00			
Appointments by arrangement		Fachbereich 5 – Geowissenschaften <i>Faculty 5 – Geo Sciences</i>	GEO 1330	Dr. Ulrike Wolf-Brozio
Mondays (open consultation) and Tuesday, 31.03.26 (specifically for Incoming Students)	11:00-13:00	Fachbereich 7 – Wirtschaftswissenschaften <i>Faculty 7 – Economic Sciences</i>	WiWi1, A 3140	Siegrid Cinar / Sandra Dinkeldein
	12:45-13:30		WiWi1, A 1100	
Monday, 13.04.26	18:00-19:30	Fachbereich 8 – Sozialwissenschaften (allgemein) <i>Faculty 8 – Social Sciences (general)</i>	GW2 B2770.	Michael Thiele
Wednesdays	14:00-16:00	Fachbereich 8 – Geschichte <i>Faculty 8 – History</i>	Appointments by arrangement via E-Mail	Dominik Gall
Wednesday, 18.03.2026	13:00-14:00	Fachbereich 8 – Politikwissenschaften <i>Faculty 8 – Political Sciences</i>	UNICOM, 3.3380	Prof. Dr. Sebastian Haunss



Sprechstunden der Fachbereiche / Departmental Consultation Hours				
Datum / Date	Uhrzeit / Time	Veranstaltung/Event	Gebäude und Raum/Building and Room	Veranstalter/Organizer
Monday, 16.03.26, Thursday, 26.03.26	13:00-14:00 10:00-12:00	Fachbereich 8 – Soziologie <i>Faculty 8 - Sociology</i>	UNICOM, 9.3070	Dr. Jonas Barth
Tuesday, 17.03.26	14:00-15:00	Fachbereich 9 – Philosophie <i>Faculty 9 – Philosophy</i>	SFG, 4150	Max Henke
Appointments by arrangement (E- Mail)	Appointments by arrangement (E- Mail)	Fachbereich 9 – Kommunikations- und Medienwissenschaften <i>Faculty 9 – Media and Communication Studies</i>	ZEMKI, 41.270	Nieki Samar
Tuesdays	11:00-12:00	Fachbereich 9 – Kunstwissenschaft <i>Faculty 9 - Arts</i>	GW2 B2328	Dr. Nikola Dicke
Tuesdays and Thursdays	10:00-12:00	Fachbereich 10 – Sprachwissenschaften <i>Faculty 10 – Linguistics and Literary Studies</i>	GW2, A 3900	Dr. Henrike Evers
Friday, 27.03.26	10:00-11:00	Fachbereich 11 – Psychologie <i>Faculty 11 – Psychology</i>	Zoom (Link below)	Dr. Iris Stahlke
Wednesday, 18.03.26	09:00-10:30	Fachbereich 12 – Erziehungswissenschaften <i>Faculty 12 – Educational Sciences</i>	GW2, A1240	Clara Suchodolski

Zoom Link for Psychology: <https://us02web.zoom.us/j/81103322053?pwd=6bDO6lT78ph11PoanPOea3dD0qkc0H.1>

New Instagram profile from the International Office for all **incoming** and outgoing students

that's you!



give us a follow 😊



EIB WhatsApp group:



Welcome to the University! Welcome Desk

- At the Welcome Desk during the orientation weeks, the tutors of the Newcomer Service Team will be happy to answer any questions you may have regarding the start of your studies at the University of Bremen
- They will provide advice and information on the Germany semester ticket, the ERASMUS certificate of arrival and registration forms
- **Please bring your Certificate of Arrival from your home University and your personal ID!**
- **Welcome Desk Location: VWG building, room 0580!**



Welcome Desk Time Table

Location: VWG Ground Floor Room 0580

Date	Hour
Tuesday, 17.03.26	10:00 – 14:00
Wednesday, 18.03.26	10:00 – 14:00
Tuesday, 24.03.26	10:00 – 14:00
Wednesday, 25.03.26	10:00 – 14:00
Tuesday, 31.03.26	10:00 – 14:00
Wednesday, 01.04.26	10:00 – 14:00

Certificate of Arrival

- Your home university may need you to hand in a **Certificate of Arrival**
- If they don't, then that is okay and we don't require the document from you
- If you haven't already, please make sure whether your university needs this and then bring this to the Welcome Desk with you
- We can sign it and hand it back to you the next day in the Erasmus Office

- **Please make sure you put your name and Arrival date on there when you drop it off!**

Registration Forms

- In Germany it is mandatory to register your address with the local authorities (in Bremen – Bürger Service Center) as soon as you move into your new accommodation
- The Bürger Service Center will issue your confirmation of registration (Meldebestätigung)
- If you will be living outside of Bremen, please contact the relevant authority in your new place of residence
- We will help you fill out the forms during our Welcome Desk opening hours
- The forms you will find here:
 - Wohnungsgeberbestätigung
 - Anmeldung bei der Meldebehörde
 - Fill in instructions (Anmeldung bei der Meldebehörde)

To register you need this forms:

Anmeldung bei der Stadt Bremen



Identitätsnachweis:

Perso oder Reisepass

Dokument:

„Wohnungsgeber-
bescheinigung“

Dokument:

„Anmeldung bei der
Meldebehörde“

Registration Forms

→ On the service portal of the city of Bremen, you can book an appointment online at one of the Citizenz´ Registration Offices (Please note the website is only available in German)

No appointments available?

→ Use the open office hours and go directly to the BSC at Martinistraße 3, 28195 Bremen to submit the documents:

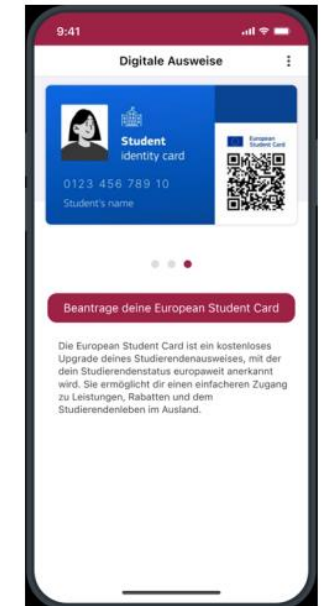
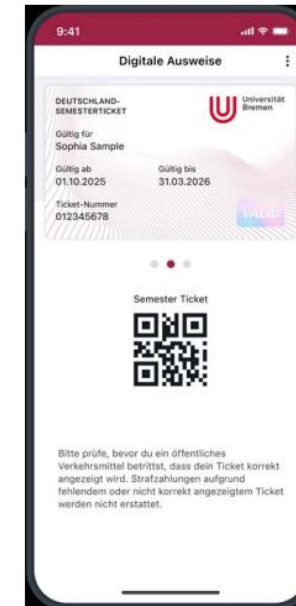
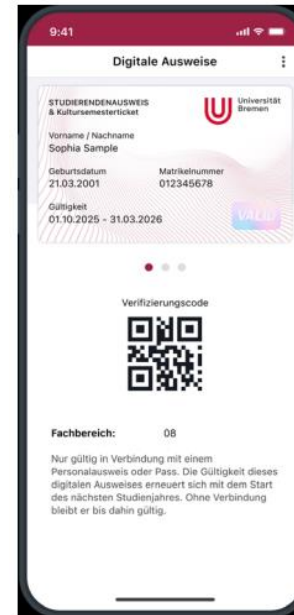
Monday from 13:00 to 18:00 hrs and Wednesday from 7:30 to 12:30 hrs. Be prepared for waiting times.

→ Check here in advance whether this offer is still current (click on the drop-down menu "Öffnungszeiten" (opening hours) and search for "offene Sprechzeit" (open office hours)

→ Before you leave Bremen and Germany you need to deregister

Campus App

- Contains your digital student ID, your Germany Semester Ticket and the European Student Card
- Semester documents will no longer be sent by mail - all documents will be available in the app or on the MOIN portal
- Once downloaded, your ID card can also be accessed offline
- As long as you are enrolled, the validity date of your ID card is automatically updated every semester
- Emergency notifications: In case of emergencies, you will receive important information directly from the University of Bremen as a critical alert
- More information: [University of Bremen Campus App - Universität Bremen](#)



Germany Semester Ticket and Student ID

- Students can use all **buses, trams and regional trains** free of charge with the **Germany Semester Ticket** in all of Germany
- NO IC or ICE trains!
- There are a few websites that will help you navigate Bremen's public transport:
 - [VBN journey planner app | BSAG](#)
 - [Cheap Train Tickets | Timetables for Germany & Europe - Deutsche Bahn](#)
 - Google Maps
- Bremen is a bikerfriendly city, consider renting a bike for short or longterm purposes to get around:
 - [Swapfiets](#)
 - [wk-bike](#)



Important Information regarding the Semester Ticket!

- The ticket will only be valid from **01.04.26** onwards!
- If you arrive for the Orientation Weeks, please buy weekly or daily tickets for your journey on these days
 - => This can be done at the **Main Station**, at Station **,Domsheide‘** or online via the apps **,Deutsche Bahn‘** or **,FahrplanerApp‘**
- **If you are caught without a ticket, the fee is 60€!**

Campus Directions

→ Directions to the University of Bremen

→

→ **By plane:**

→ To get from the airport to the university you can either take a taxi or the tram line 6. The tram stop is just in front of the airport building and takes you directly to the university. You can get off at "Universität-Süd", "Universität/Zentralbereich" or at final stop "Universität-Nord". Ticket price is €3.00.

→

→ **By train:**

→ Leave Bremen Central Station south (towards City Center). You will find the tram/bus stops to your left when leaving the building. The tram line 6 towards 'Universität' brings you directly to the university. You can get off at "Universität-Süd", "Universität/Zentralbereich" or at final stop "Universität-Nord". Ticket price is €3.00.

→

→ **By car:**

→ Coming from motorway A1 (Autobahn A1), take the A27 North at interchange Bremen ("Bremer Kreuz"). Leave the A27 at exit "Universität / Horn-Lehe" and follow the direction "Centrum / Universität". There is sufficient parking available on the University campus (from €1.00/day).

→

→ For the Welcome Breakfast and the Mensa, please leave at '**Universität Zentralbereich**'!

Wifi on Campus

The Wifi is within the Eduroam system and can be accessed all around campus

- You will need your **Zfn Account** to login (login details will have been sent to you through your university email account, it is the prefix of your @uni-bremen.de email account as user name, and your password)
- You might have to download an additional app: **geteduroam**
- Please follow the instructions in the following link:

<https://www.uni-bremen.de/en/zfn/wifi/instructions-wifi>

Health Care and Medical Services

In Germany, there are general practitioners as well as specialists in each field (e.g., radiologists, optometrists, dermatologists, etc.).

In case of illness, it is normal to go to a general practitioner (Ärzt/in für Allgemeinmedizin) first. They will send the patient to a specialist if necessary. It is recommendable to make an appointment before going to the doctor.

Everyone has free choice in the selection of their doctor. Search portals for Doctors:

- Arzt-Auskunft
- Kassenärztliche Vereinigung

For an appointment you have to bring:

- **Proof of valid health insurance (e.g. EHIC card)**
- **proof of matriculation at the University of Bremen**
- **ID / Passport**

Health Care and Medical Services

At night or on the weekend, we recommend contacting the emergency medical services (phone numbers below) or going directly to the hospital.

Emergency phone numbers:

- Police: 110
- Fire Services: 112
- Emergency Medical Services/ Ambulance: 112

Emergency Medical Care (Nights and Weekends):

- Emergency Doctors: +49 421 / 19292
- Medical Emergency Portal: +49 421 / 116117
- Emergency Pediatric Doctor: +49 421 / 3404444
- "Giftinformationszentrum Nord" (Poison Information Center North): +49 551 / 19240

Helpful Links

- Emergency Pharmacies Bremen (search by zip code)
- Pharmacies search
- Hospitals Bremen
- First Aid - an illustrated health dictionary (Information brochure by Deutsches Studentenwerk)

Wanna party!? But safe.

- Do not leave your cell phone unattended and be aware of pickpockets
- Always be aware of your surroundings.
- Organize your bus/tram journey in advance (especially at night)!
- Stay with your friends and look after each other!
- Listen to your instincts – for instance avoid dark corners.
- Don't leave your drinks unattended!
- Take care of your belongings!



And if there is any trouble:

- Don't let yourself be provoked!
- Make others aware of you!
- Ask others directly for help!
- In case of an **emergency**, call the police number **110** immediately! (without area code also from smartphone, it also works if you have no signal)

Pharmacies and Medicine

In Germany, medicine is only available in pharmacies. There are two types of medicine: **available with or without a prescription.**

The German law on medicine is strict - most medicine is only available with a prescription (e.g. antibiotics) and pharmacies will not provide them without a prescription from a doctor.

Most health insurances generally cover most of the cost of medicine. There might be an additional fee of around 5-10 Euro.

At night or on the weekend, we recommend contacting the emergency pharmacy service (Apotheken-Notdienst). Information on which pharmacy to contact in this case can be found in the newspaper or on the Internet.



Psychological and Social Support

The "Studierendenwerk Bremen" offers support to students in situations of psychological or social crisis.

Contact:

- Psychological counselling
- Social counselling

Contacts für support in personal crisis

What to do in case of an emergency at the University of Bremen:
Emergency



Contacts

- General Inquiries
 - Erasmus students: incoming@uni-bremen.de
 - Students from overseas co-operations: studybremen@uni-bremen.de
- Application for the enrollment as a visiting student (“MOIN”): bachelor@vw.uni-bremen.de
- Housing application at „Studierendenwerk Bremen“: wohnraumvermittlung@stw-bremen.de
- German intensive courses: hochschulkooperation-bremen@goethe.de
- Questions about orientation weeks, health insurance and visa: newcomer@uni-bremen.de

Online Office Hours of the International Office

Office hours of the International Office Consultation Bureau (VWG, Room 0580):

Monday: 09:00 – 11:30 (CEST)

Wednesday: 14:00 - 16:00 (CEST)

For Zoom Calls Only: ([Link Here](#))

Thursday: 09:00 – 11:30 (CEST)

You may also check the website of the [Newcomer Service](#) or the [International Office Website](#) for more information

Thank you for your attention!

